# Swimming at Cuddington Croft Primary School from 21<sup>st</sup> September 2020



#### Address: West Drive, Cheam, Surrey, SM2 7NA

We are so excited to welcome you to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Cuddington Croft School below. Please read it very carefully, and contact us on 01293 978831 if you have any questions.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run <u>here</u>.

#### Parking at the venue

**Weekdays** - please park where permitted along West Drive only or the surrounding residential roads (NOT Harefield Avenue opposite the school as the road is narrow and parking is difficult, restricting traffic access and residents driveways). There is also a graveled area to the back of the school (where West Drive and the A232 meet next to the traffic lights). This area belongs to the school and parking is permitted here with no restrictions.

**Weekends** - please park in the school staff car park where the big bins are. The playground must only be used as an overflow. PLEASE NOTE, parking in the school car park is only permitted at weekends, during the week it is used by the school staff only.

## Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. It is very important that you arrive on time.

Weekday access - please wait at the main front gate next to the nursery outdoor play area (not via school reception, please do not buzz to be let in). A Puddle Ducks member of staff will be there at the gate to meet you and take you down to the pool. PLEASE NOTE: You need to arrive no earlier than 10 minutes before the start of your lesson, any earlier and the gate will be locked and you will need to wait. The gate will also be locked at the start of your lesson so if you are late there is a possibility that you won't be allowed in for your lesson. We need customers to arrive on time to ensure social distancing measures are maintained. ALL prams and car seats must be left along the wall outside of the pool building and are not allowed inside.

**Weekend access** - from the staff car park please walk through the playground and follow the path through the school (the dance hall will be on your left). Walk through the small picket gate ahead of you, then through the tall green gate on your right. Follow the path down to the pool on your left. ALL prams and car seats must be left along the wall outside and are not allowed in the pool building.

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## Arriving swim-ready

Please ensure you and your child arrive swim-ready, i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. You will be asked to change poolside, so please bring only the essentials (keeping valuables to a minimum, no car seats allowed) and one waterproof bag to put everything in, which will be left poolside in the designated bag areas. If you have a baby, please bring a changing mat for them that can be rolled up and placed in your bag.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take your change mat to the poolside with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside.

#### **Spectators**

For the time being no spectators are allowed at all on site so that we are able to practice social distancing more effectively. We will review this on an ongoing basis and hope to be able to lift restrictions in time. If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

## Entering the building and registration

Anyone aged 11 or over must wear a face covering to enter and exit the building, before and after classes, unless they are exempt.

The Poolside Assistant will open the door for customers 10 minutes before your class. Please wait until the Poolside Assistant calls you inside, to give time for the family in front of you to remove their shoes and use the hand sanitiser provided.

Customers must remove their footwear at the entrance, then put in a carrier bag and take with them. Please consider wearing flip flops or other slip-on shoes to make this easier. The Poolside Assistant will mark your attendance on the register and you will be directed to a designated coloured spot poolside for changing to ensure social distancing.

Once you are changed, the Poolside Assistant will direct you to a changing room/tent where you will leave your changing bag ready for changing post lesson. Please then return to your designated seat poolside, keeping socially distant from other customers and pool users, until the teacher indicates it is time for you to enter the pool.

## **Toilets**

There is a toilet available in both the male and female changing rooms for one customer to use at a time (with their child if necessary). The Poolside Assistant will help monitor this and ensure the area is cleaned regularly throughout the session. Where possible, please use the toilet before leaving home and arriving at the pool.

## **Showers**

There are showers in both the male and female changing rooms but currently they are unavailable to use.

## Exiting the pool area after your lesson and changing rooms

Separate male and female changing rooms will be available for changing with a maximum of 2 child/adult pairs per changing room. There will also be pop up tents available for individual changing poolside. Please head to your designated changing area. Face masks must be worn in the changing rooms. The playpen will not be available to use at this time.

We advise that you bring easy, comfortable clothing for both you and your child – items like onesies, hooded towels, ponchos or dressing gowns might be easiest for children to get changed quickly and keep them warm. Parents may wish to bring a large towel or poncho for modesty while changing. Changing time will be limited.

## Leaving the building

**Weekdays** - when you are ready to leave the building, please walk around the far side of the pool ONLY and line up along the window next to the blue pool cover (please do not sit on it), keeping socially distant from other customers and pool users. The Poolside Assistant will escort everyone in the class out at the same time via the same door you entered from. Please put on your shoes and use the hand sanitiser provided, before making your way out.

**Weekends** - when you are ready to leave the building, please do so by walking around the far side of the pool ONLY and leave via the same door you entered from. Please put on your shoes and use the hand sanitiser provided, before making your way to your car.

## Swim Academy Classes

Further to the <u>FAQ's Covid-19</u> and previous correspondence from Head Office, please be aware that all **Level 1 and Level 2 Swim Academy classes <u>will require a parent in the water</u> for the time being as teachers are not allowed in the pool. We normally have teachers in the water for these levels but, due to social distancing guidelines, all teachers will teach from the poolside so we will need parents and carers to get in the water with their child to support them. Even if the pool were large enough for the teacher to get back in the water and still have social distancing, they are not allowed to handle the children plus they have a much better vantage point from poolside of all the children and parents/carers pairs. This decision has been made in line with the current laws on social distancing and the guidelines from our governing body, the STA. As and when these guidelines/laws are updated, we will update our policies.** 

## Thank you for your support in keeping everyone safe. We hope you enjoy your lessons



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