

# Swimming at Newport Junior School from September 2020



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Newport Junior School below – please read it very carefully.

## Arrival time

Please do not arrive any earlier than 5-10 minutes before your lesson starts. Our poolside assistant will open the pool door when it is time to come in. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

## Arriving swim-ready

You and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. This is because you will need to change poolside on the way into lessons and to minimise the time spent in the changing area. All shoes need to be removed upon entering the pool hall and placed in your own bag.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a change mat poolside with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside. We advise that you all bring a change mat that can be rolled up and placed in your bag.

It is very important that you remember to bring your own neoprene overnappy as we cannot lend them out at this time unfortunately and your child will not be able to enter the pool without one.

Please bring only the essentials (keeping valuables to a minimum) and one bag to put everything in as this will be left in a designated area poolside.

## Spectators

At this current time, and with limited space poolside, no additional spectators will be allowed. This will allow us to practice social distancing more effectively. If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

## Parking at the venue

The main car park at the front of school may have some available spaces but otherwise you will need to park along the road just outside of the school. Please do not block any other cars in.



## Entering the building

Entrance to the pool is through the gate. Please press the buzzer and the school reception team will let you in. Please sanitise hands before and after touching the buzzer.

Please wait outside until the poolside assistant invites you into the pool building as they may still be cleaning the changing area and poolside from the previous class. Hand sanitiser will be available in the entrance area for you to use. Please remove all outdoor shoes at this point and adhere to social distancing whilst entering the building.

## Signing in/Letting us know you are here

Our poolside assistant will greet you as you enter the pool hall. The poolside assistant will be wearing a visor to protect both themselves and you as customers. Our teacher will take the register as normal before the lessons.

## Toilets

The toilet in the pool hall remains available for use.

## Changing rooms

The changing rooms are available for use however the school have limited these to only one adult/child pair at a time. The disabled change/WC room will be used as additional changing space alongside some pop-up changing tents poolside. Swimmers are asked to change as quickly as possible and place all belongings into one single bag to be stored away from the next set of customers.

## Entering the pool area

Please wash your hands before entering the pool area. The Poolside Assistant will show you where you can do this. In some cases, it might be using hand sanitiser instead of soap and water.

Swimmers will be asked to wait poolside, keeping socially distant from one another, to avoid exiting swimmers until the teacher indicates it is time for you to move round and enter the pool for your lesson. Please ask the Poolside Assistant if you are unsure where to stand.

## Exiting the pool area after your lesson

At the end of the lesson the teacher will direct you back to the changing areas. Please aim to get changed as quickly as possible to allow time for our poolside assistant to clean the area thoroughly in between classes. We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm.

## Leaving the building

When you are ready to leave the building, please wash your hands or use the hand sanitiser provided and make your way to your car/mode of transport using the main entrance/exit point as usual.