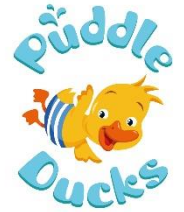


Swimming at Launceston Farm from September 2020



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at the venue. This document summarises all of those changes. If you would like to read about what we are doing to keep you, your child and our team safe, please read this [document](#) which includes our risk assessment procedure, cleaning and hygiene regimes regarding the venue and the equipment we use, as well as temporary changes to the way our lessons will be run.

Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

Arriving swim-ready

Wherever possible, you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a change mat to the poolside with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside.

All changing will take place poolside and for now, we will not be using screens to cut down on touch points. Please bring only the essentials (keeping valuables to a minimum) and **one waterproof bag** to put everything in, including shoes/coats as this will be left poolside.

We advise that you all bring a change mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

Spectators

Unfortunately, spectators are not allowed at present due to needing to cut down numbers on the poolside.

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

By not allowing spectators, we are able to practice social distancing more effectively.

Parking at the venue

Parking is as usual – via the Farm entrance. Please adhere to social distancing in the car park.



Entering the building

Adults will require a face covering to wear at all times other than when you are in the pool. If you have the NHS Covid-19 App, please scan the QR code on display. Usual entrance but before entering the building check to see if anyone is in the entrance area – only 1 parent/child pair at a time in this entrance – please wait outside. We would recommend easy to remove shoes such as flip flops/crocs. Please place shoes/coats in your bag and do not leave them in this area.

Signing in/Letting us know you are here

As all lessons will have a Poolside Assistant present, they will be on poolside and will welcome you as you arrive. The Poolside Assistant will be wearing a face visor to protect both you and themselves. If you are late for your lesson, you may have to wait before entering poolside.

Toilets

Toilet is available as usual however if it is occupied, please wait on the social distance marker to give that person space to exit safely.

Changing rooms

All changing takes place on poolside, however for the moment we will not be using screens due to the need to reduce clutter/touch points. We would recommend a large towelling poncho to change under. Please note we will have 1 cubicle available per class for male use only.

Entering the pool area

Please use hand sanitiser on entry into the building.

Please go left on entry to poolside and follow the one-way system so that those entering and exiting the pool do not mingle – please ask the Poolside Assistant if you are unsure of the way.

Please find the correct colour coded changing station, remove any clothing, place in your bag and leave on the changing station. Keep your face covering on until you enter the water (please bring sandwich bag with you to place on your safe station to ensure it does not get wet). Please ensure you remain socially distant from other customers and pool users wherever possible, until the teacher indicates it is time for you to enter the pool.

Exiting the pool area after your lesson

You will exit on the opposite side of the pool, replace your face covering and wait for the following class to enter the pool before you can then go round the pool and return to your changing station. The poolside assistant will be on hand to show you where you need to go. We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm.

Leaving the building

When you are ready to leave the building, please wash your hands or use the hand sanitiser provided and make your way to your car/mode of transport.

Again only 1 parent/child pair in the entrance area at once to put your shoes on.