

# Swimming at Everlast Halifax from Sunday 5<sup>th</sup> October



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Everlast Halifax below – please read it very carefully.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run [here](#).

## Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

## Arriving swim-ready

Wherever possible, you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a change mat with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside.

Please bring only the essentials (keeping valuables to a minimum) and one bag to put everything in and put this in the locker.

We advise that you all bring a change mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

## Spectators

There are no spectators allowed at any of our pools to enable us to practice social distancing more effectively.

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

## Parking at the venue

Please park in the car park at the front of the building. Please adhere to social distancing where possible in the car park.



## Entering the building

You will enter the pool building via the main entrance, please sanitize your hands upon entry and your temperature will be taken. If your temperature is above 38 degrees you will be refused entry. Please do not arrive any earlier than 10 minutes before your class start time.

## Signing in/Letting us know you are here

Please sign in at reception.

## Toilets

There is a toilet in each changing room please go to the toilet prior to coming poolside.

## Changing rooms

Changing rooms are available at this venue, please ensure you sanitize the lockers before and after use using the cleaner available in the changing rooms.

## Entering the pool area

Come onto poolside and wait against the wall at the bottom of the pool ensuring social distancing is being adhered to.

## Exiting the pool area after your lesson

After class please exit the changing rooms as quickly as possible remembering to sanitize the showers and benches after use. We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm. We will be asking you to try and leave the building within 10 minutes of your class finishing to ensure we have time to clean prior to the next class arriving.

## Leaving the building

When you are ready to leave the building, use the hand sanitiser provided by the exit door and exit.