# Swimming at Ashwicke Hall School from September 2020



We are so excited to welcome you back to the pool. As with many things in life now, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Ashwicke Hall School pool below. Please read it very carefully, and contact us on 0117 9717165 if you have any questions.

If you would also like to read about what Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking - including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run - here.

#### Arrival time

Please arrive 10 minutes before your lesson starts. If you arrive late, you will not be permitted to enter.

#### Arriving swim-ready

There are no changing rooms available at the moment, so please be prepared to change on poolside and note that changing areas are unisex. Wherever possible, you/your child should arrive swim-ready at the venue, i.e. with your swimming costume/trunks/swim nappy on underneath your clothes.

To ensure a swift changing process, please bring only the essentials (keeping valuables to a minimum) and **one waterproof bag** to put everything in, which will be left poolside. If you have a baby, please bring a changing mat for them that can be rolled up and placed in your bag, especially those of you who would normally use a changing table or a bench.

We appreciate that some children might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please ensure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible.

#### Spectators

No spectators are permitted, with the exception of older siblings who are allowed to wait poolside if their parent is in the water.

For baby and pre-school lessons, and for Swim Academy Levels 1 and 2, it is compulsory for parents to be in the water with their children, as government guidelines mean our teachers are currently unable to enter the pool.

For Swim Academy children at Level 3 and above, parents must leave the pool hall (following the one-way system) while their child's lesson takes place, before returning to collect them at the end of the class.

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

#### Parking at the venue

As usual, customers must show ID at the security gate on the way in, and you will be ticked off the class register at this point. Cars should be parked in the lane along the sports hall wall on the opposite side to the wall. Extra parking available in the parking area to the right of the boy's dormitory building.

Drive up the lane and turn right at the triangle junction, following signs for the sports hall. The parking area can be found on the right after the triangle junction.

Once parked, please follow the sign for the sports hall. Please maintain social distancing in the car parking areas.

### Entering the building / signing in

You will be asked to wait outside the normal entrance in a socially-distanced queue. Anyone aged 11 or over must wear a face covering to enter and exit the building, before and after classes, unless they are exempt. There will be a one-way system in and out of the pool building, so please follow the signs.

The Poolside Assistant will open the door for customers 5-10 minutes before your class and offer hand sanitiser for your use. They will be wearing a face mask to keep everyone safe. A QR code for the NHS Test and Trace app will be displayed on the door of the venue.

Please wait until the Poolside Assistant calls you inside, to give time for the family in front of you to reach their changing area.

You will be told on which side of the pool to get changed, and you should make your way to a chair on that side of the pool, which will be spaced to ensure social distancing.

Customers must remove their footwear on entry to the pool hall, and take it with them to their changing area. Please consider wearing flip flops or other slip-on shoes to make this easier.

The external door will be locked once customers have entered, so **please ensure you are on time** to avoid being turned away.

Once you are ready for your lesson, please wait poolside, keeping socially distant from other customers and pool users, until the teacher indicates it is time for you to enter the pool.

#### **Toilets**

A toilet will be available, however, please do try to use a toilet before you arrive at the venue.

## Exiting the pool area after your lesson

You will need to change in the same spot that you got changed in on arrival (i.e., where you left your belongings). We advise that you bring easy, comfortable clothing for both you and your child – items like hooded towels might be easiest for children to get changed into quickly and keep them warm. Parents or older children may wish to bring a large towel or poncho for modesty while changing.

## Leaving the building

When you are ready to leave the building, please wash your hands or use the hand sanitiser provided and follow the one-way system to exit via the tennis courts, which will be illuminated for safety.

Thank you for your support in keeping everyone safe. We hope you enjoy your lessons.