

Swimming at Everlast Fitness Club from 17th October 2020



Address: Banstead Road, Ewell, KT17 3HG

We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Everlast Fitness Club below. Please read it very carefully, and contact us on 01293 978831 if you have any questions.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run [here](#).

Parking at the venue

There is plenty of free parking at the venue, please adhere to social distancing where possible in the car park.

Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. **It is very important that you arrive on time.**

Arriving swim-ready

Please ensure you and your child arrive swim-ready, i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. Please bring only the essentials (keeping valuables to a minimum, no car seats allowed) and one waterproof bag to put everything in. If you have a baby, please bring a changing mat for them that can be rolled up and placed in your bag.

We appreciate that those children still in nappies might need a nappy change just before their lesson and you are welcome to do so in the changing rooms. However, please make sure you have nappy bags and take home with you.

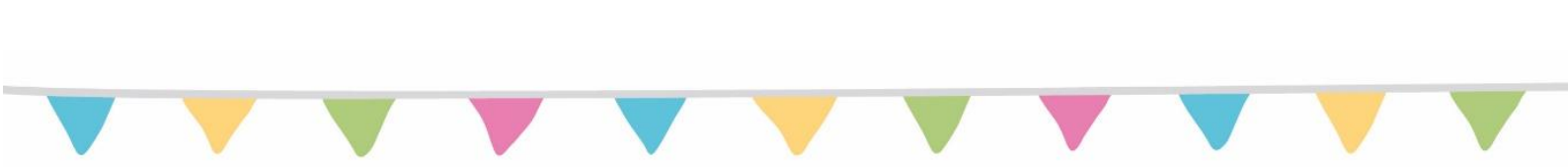
Spectators

For the time being no spectators are allowed at all on site so that we are able to practice social distancing more effectively. We will review this on an ongoing basis and hope to be able to lift restrictions in time. If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

Entering the building and registration

Anyone aged 11 or over must wear a face covering to enter and exit the building, before and after classes, unless they are exempt.

On arrival, using your mobile phone, please scan the QR Code for Track and Trace purposes in reception. A staff member at the Club will then let you in; there is no need to sign in. Please make your way to the changing rooms following the white arrows on the floor and change, adhering to



social distancing where possible in the changing rooms at all times. Once changed, please remove your mask and store in your locker along with your clothes and belongings. **Before leaving the changing room to attend your class, please use the blue roll and cleaning spray provided by the Club to clean down the areas you have been using. It is essential that you do this to ensure the area is clean for all other customers and Club members, this is a Club rule and we MUST adhere to it.** The playpen will not be available to use at this time.

IMPORTANT – We have allowed a 5 minute gap between classes to ensure customers can socially distance from other customers and Club members in the pool hall. Please wait in the changing rooms until 2 minutes before your class is due to start. This will ensure the class before yours has returned to the changing rooms before you enter the pool hall and there is no cross-over.

Toilets

There are toilets available in both the male and female changing rooms for customers to use (with their child if necessary). Staff at the Club will ensure the area is cleaned regularly throughout the session. Where possible, please use the toilet before leaving home and arriving at the pool.

Showers

There are showers in both the male and female changing rooms but currently they are unavailable to use.

Exiting the pool area after your lesson and changing rooms

Separate male and female changing rooms will be available for changing. Please head to your changing room and empty your locker of all belongings. Face masks must be worn at all times in the changing rooms (unless exempt). When changing, please ensure you are socially distancing at all times. **Before leaving the changing room, please use the blue roll and cleaning spray provided by the Club to clean down the areas you have been using, this includes your locker. It is essential that you do this to ensure the area is clean for all other customers and Club members, this is a Club rule and we MUST adhere to it.** The playpen will not be available to use at this time.

We advise that you bring easy, comfortable clothing for both you and your child – items like onesies, hooded towels, ponchos or dressing gowns might be easiest for children to get changed quickly and keep them warm. Parents may wish to bring a large towel or poncho for modesty while changing. Changing time will be limited.

Leaving the building

When you are ready to leave the building, please ensure you are wearing a mask (unless exempt) and exit the changing rooms by following the white arrows on the floor back through to reception. Please adhere to social distancing where possible in the building at all times. A member of staff at the Club will then let you out.

Thank you for your support in keeping everyone safe. We hope you enjoy your lessons

