

Swimming at Birtenshaw School from September 2020



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Birtenshaw School below – please read it very carefully.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run [here](#).

Arrival time

The gate code is 2510. Please do not enter the building any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

Arriving swim-ready

You and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. This is because we need to keep the changing rooms for those changing after their lesson.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a change mat to the poolside with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside.

On arrival you will be asked to change poolside as changing rooms are reserved for customers changing out of wet clothes so please bring only the essentials (keeping valuables to a minimum) and one bag to put everything in as this will be left poolside.

We advise that you all bring a change mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

Face Coverings

We fall into the category of 'indoor places where social distancing may be difficult and where you will come into contact with people you do not normally meet.' Therefore, it is a requirement for all of our customers to wear a face covering except when they are in the pool.

Spectators

For now, spectators will not be allowed at the pool.

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

By not allowing spectators, we are able to practice social distancing more effectively.



Parking at the venue

Please adhere to social distancing where possible in the car park.

Entering the building

Amy will mark your child's name on the register and escort you through the first fire door and the changing room door. Please remove your shoes and those of your child before entering the changing room and keep them with you. Please keep to the left in the ladies changing room and to the right in the men's and walk through to poolside. Amy will show you where to undress and store your clothing. Please remain here until Hannah calls you to enter the pool for your lesson.

Signing in/Letting us know you are here

Amy will sign your child in and out of the building. She will be wearing a facemask to protect both you and her.

Toilets

The toilet in each changing room can be used.

Changing rooms

Changing rooms are in use at Birtenshaw but are restricted to 4 parent and child pairs at a time. This will be 3 in the changing area and 1 in the shower room. Showers are not in use. If more than 4 pairs need to use the changing room the extra pairs should wait until a pair leave and maintain a social distance on the poolside whilst doing so. Parents can help each other by saying when they are leaving, Amy will also be monitoring this too.

Entering the pool area

Please use the hand sanitiser on entering the building.

Please keep to the left-hand side in the ladies changing area and right-hand side in the men's. This will keep people entering the building apart from those getting changed. - please ask Amy if you are unsure of the way.

Please wait poolside, keeping socially distant from other customers and pool users wherever possible, until Hannah indicates it is time for you to enter the pool.

Exiting the pool area after your lesson

Amy, our poolside assistant will be on hand to show you where you can get changed. The changing rooms can be used by up to 4 pairs at once. We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm.

Leaving the building

When you are ready to leave the building, please make your way to your car/mode of transport.