

# Swimming at The Avenue School from October 2020



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Euxton Pool below – please read it very carefully.

## Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation. If you arrive on public transport you can wait on the benches outside of the main entrance, under cover.

## Arriving swim-ready

You and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. This is because changing rooms will only be available after your lesson for the time being.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a changing mat to the corridor outside the pool room and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left. Please adhere to social distancing in this limited space.

You will be asked to change poolside so please bring only the essentials (keeping valuables to a minimum) and one bag to put everything in as this will be left poolside (in some cases, customers will be allocated a box/bucket in which to put your bag).

We advise that you bring a changing mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a changing table or a bench.

## Face Coverings

We fall into the category of 'indoor places where social distancing may be difficult and where you will come into contact with people you do not normally meet.' Therefore, it is a requirement for all of our customers to wear a face covering except when they are in the pool.

## Spectators

Unfortunately we will not be able to accommodate spectators or siblings poolside. If you have more than one child swimming with us, each child will need their own adult for their lesson.

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

By not allowing spectators, we are able to practice social distancing more effectively.



## Parking at the venue

Please park, as normal, in the main car park in front of the school. Please adhere to social distancing where possible in the car park.

## Entering the building

The main doors to the school will automatically open for you. Hand sanitizer will be available for you in the reception area as well as QR codes to register with the NHS Test and Trace system. You can then walk around to the normal entry door to the pool room. Please wait outside the pool room door until the poolside assistant advises that you are allowed to enter and shows you where to wait for your lesson.

## Signing in/Letting us know you are here

A Poolside Assistant will be present. They will be moving between the main entrance and the pool room, supporting customers. They will be wearing a facemask to protect both the customers and themselves.

## Toilets

Due to limited changing facilities at the pool, customers will not be able to use the toilets inside the changing rooms. You can use the disabled toilet in the main entrance area of the building before or after your lesson. This will be regularly cleaned by the Poolside Assistant throughout the lessons.

## Changing rooms

BEFORE YOUR LESSON:

You will be asked to leave your belongings on the poolside and quickly undress ready to get into the pool.

AFTER YOUR LESSON:

We have 3 large changing rooms and the poolside assistant will allocate a room to you. It is likely that you will be sharing this space with another customer. It is possible to socially distance within the changing rooms and we ask you to do this, to ensure that we can keep the changing rooms open and available for use after your lessons. The changing rooms will be cleaned by the Poolside Assistant in between use. Please do not to put your shoes on in the changing rooms but wait until you are outside of the pool room.

Showers will not be in operation and we ask you to shower at home.

## Entering the pool area

Please sanitise your hands in the main entrance area at The Avenue before entering the pool area.

Please follow directional signage at the pool please ask the Poolside Assistant or at Reception if you are unsure of the way. Please wait outside the pool room door until the poolside assistant advises you are allowed to enter and shows you where to wait for your lesson.

When you are waiting poolside, please keep socially distant from other customers and pool users wherever possible, until the teacher indicates it is time for you to enter the pool.



## Exiting the pool area after your lesson

The poolside assistant will be on hand to show you where you can get changed. We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed into quickly and keep them warm.

You will exit the pool room through a different door to the one you arrived through to avoid bumping into other customers. The exit will be signposted and you will be directed by the Poolside Assistant.

## Leaving the building

When you are ready to leave the building, please wash your hands or use the hand sanitiser provided and make your way to your car/mode of transport. You should exit the building the same way you entered; through the main entrance.