# Swimming at Holywell Leisure Centre from December 2020



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Kingsmead School below – please read it very carefully.

#### Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to make your way through to the pool hall and get changed ready for class to start.

# **Face Coverings**

Face coverings are not mandatory to wear during lesson times, however on entry into the building, whilst changing and on exiting the building please wear your face covering in line with government guidance.

# Equipment

Puddle Ducks will provide equipment which will be sanitised and cleaned between use. However should you wish to bring your own woggles, sinking rings or floating bath toy to class you are welcome to do so.

#### Arriving swim-ready

You and your child should arrive 'swim-ready' at the venue with your swimming costume/trunks/swim nappy on underneath your clothes. This is to speed up the changing times on arrival before your lesson starts.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Therefore if you would prefer to change your little one into their 'double nappy' (Neoprene and under swim nappy) you can do so in the changing cubicles. Please be sure to change your little one on a towel or changing mat if so.

Bring only the essentials (keeping valuables to a minimum) and one big bag to put everything in as this will be left poolside.

We advise that you all bring a changing mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

# **Use of Showers**

Showers will not be available to be used before or after swimming lessons to keep entry and exit time to a minimum.

# www.puddleducks.com



#### **Spectators**

During our lessons we can allow one adult to one child at the pool. To reduce overall number of people within the pool hall, additional adult spectators will not be able to attend on poolside for the time being. Siblings can be on poolside however, all children attending are always the sole responsibility of the parent. There will be a poolside assistant present, their role will be to maintain high hygiene standards within the facilities throughout our lessons; they will not be able to look after any siblings spectating during class times.

If you require assistance due to a disability (either your own disability or your child's) then you can bring a spectator to help as necessary.

By not allowing spectators and limiting siblings on poolside we are able to adhere to appropriate social distancing.

#### Parking at the venue

Please adhere to social distancing where possible in the car park.

# Entering the building

Please stay in the car park until 5-10 minutes before making your way to your lessons through the usual front entrance and then queue behind the Puddle Ducks branded A Frame in the changing area. Our poolside assistant will then greet you, then guide you to your freshly cleaned cubicle to get changed and leave your belongings in your cubicle. You are welcome to bring any valuables on to poolside for safe keeping.

# Signing in/Letting us know you are here

All lessons will have a Poolside Assistant present marking off registers.

# **Changing rooms**

After your Puddle Ducks lessons you will return to your specified changing cubicle, whilst getting changed as quickly as possible before exiting the building. Each changing cubicle will be cleaned and disinfected between customers.

#### Entering the pool area

Hand gel will be provided on arrival for you to sanitise your hands at reception. Once on poolside we will guide you where to change in your cubicle 'swim ready' whilst keeping socially distant from other customers and pool users. Please then wait for the Poolside Assistant to guide you onto the pool hall and then the teacher will indicate when it is time for you to enter the pool.

#### Exiting the pool area after your lesson

We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm for speedy exit.



# Leaving the building

When you are ready to leave the building, please wash your hands or use the hand sanitiser provided, exit through the pool hall fire door exit, then make your way to your car/mode of transport around the side of the Leisure Centre building.