

# Swimming at Bainland Lodge park from April 2021



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Bainland Lodge Park below – please read it very carefully.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run [here](#).

## Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

## Arriving swim-ready

You and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. This is because the changing rooms will not be available for the time being before your class. You are however able to use the changing areas to dry and change after classes.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a change mat to the poolside with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside.

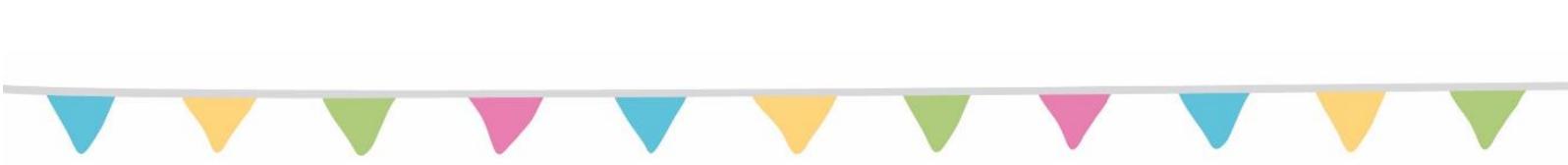
You will be asked to remove your outer clothing poolside so please bring only the essentials (keeping valuables to a minimum) and one bag to put everything in as this will be left poolside we will be provided you with a sanitised bucket in which to put your bag.

We advise that you all bring a change mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

## Spectators

*Whilst restrictions are in place we will be operating a 'no spectators' policy.* If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary, please do contact the office to discuss your needs.

By not allowing spectators, we are able to practice social distancing more effectively.



## Parking at the venue

*There is a large Car park at the venue Please adhere to social distancing where possible in the car park.*

## Entering the building

*Please enter the building via the main reception. We ask that you wear a mask on entering the building and whilst moving around the pool hall. Masks can then be removed before you enter the pool. Please use the door to the pool hall and enter no more than 5-10 minutes before your class is due to start. The poolside assistant will provide you with a storage bucket and advise you where to change and wait.*

## Signing in/Letting us know you are here

*The poolside assistant will be on hand for any assistance you might need and to update the register.*

## Toilets

*If you require the toilet before your class please ask the poolside assistant. There will be cleaning products in all the WC's please use them to sanitise the toilet and taps before and after use.*

## Changing rooms

*The changing rooms cannot be used before your class so please arrive "Swim ready". You are welcome to use the changing room space afterwards to dry and change if you wish but we would ask that you aim to depart within 10 minutes to give us time to clean the areas before the next class finish. If you prefer you are welcome to pop on a robe and shower and change at home.*

## Entering the pool area

Please sanitise your hands on entering the pool hall. The poolside assistant will show you where you can do this.

Please wait poolside, keeping socially distant from other customers and pool users wherever possible, until the teacher indicates it is time for you to enter the pool.

## Exiting the pool area after your lesson

The poolside assistant will be on hand to show you where you can get changed. We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm.

## Leaving the building

When you are ready to leave the building, please wash your hands or use the hand sanitiser provided and make your way to the car park via the main reception.