

Swimming at Seashell Trust Main Pool from April 2021



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Seashell Trust Main Pool below – please read it very carefully.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run [here](#).

Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

Arriving swim-ready

Wherever possible, you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. This is because in most venues, the changing rooms will not be available for the time being.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a change mat to the poolside with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside.

You will be asked to change poolside before you swim, as changing rooms will only be used after your lesson. Please bring only the essentials (keeping valuables to a minimum) and one bag to put everything in as this will be left poolside (in some cases, customers will be allocated a box/bucket in which to put your bag).

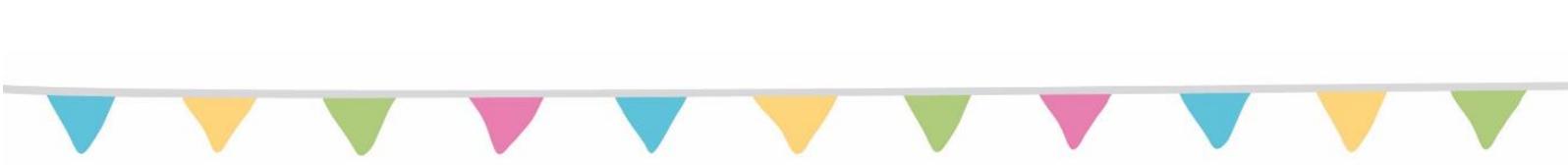
We advise that you all bring a change mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

Spectators

No Spectators will be allowed at the pool. This will allow us to practice social distancing more effectively. If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

Entering the building

There is a new one-way system in place. To enter the building, you will use the external fire door – this is adjacent to reception towards the sports facility. Signing will be on display to show you where to go.



Signing in/Letting us know you are here

The Poolside Assistant will complete the register, so we will have a record of whether or not you attended your lesson.

Toilets

There are toilets in each of the changing rooms and a disabled access toilet.

Changing

As we have asked you to come dressed swim-ready, please remove your outer clothes poolside. Keep as many belongings as you can in your bag. There will also be boxes available for shoes etc. There will be a sign at the far end of the pool to show you where to place your belongings once you are changed.

The changing rooms will be used when you get out of the pool, allowing the safe one way system to be as effective as possible. We ask that there is a maximum of 7 per changing room (an adult and a child count as one person). When you have changed, we would ask that you return your box to the collection point at the exit of the changing rooms – this will allow them to be sanitised and used again.

Entering the pool area

As you enter the pool, you will find a hand sanitising station – please use this before you enter. Please remove your shoes immediately.

To get changed, please walk straight ahead to the opposite side of the pool. (this will be opposite to where the teacher is standing).

Please wait poolside, keeping socially distant from other customers and pool users wherever possible, until the teacher indicates it is time for you to enter the pool.

Exiting the pool area after your lesson

The teacher will direct you to where you can get changed. We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm. We would prefer that you showered at home, so you are in the building for as little time as possible.

Leaving the building

When you are ready to leave the building, please wash your hands or use the hand sanitiser provided and make your way to your car/mode of transport through the main exit (turn left out of the changing rooms).