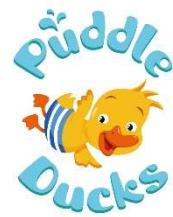


Swimming at Stonar School from April 2021



We are so excited to welcome you back to the pool. You will find everything you need to know about swimming at Stonar School pool below. Please read it very carefully, and contact us on 0117 9717165 if you have any questions.

If you would also like to read about what Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking - including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run - [here](#).

Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. **You must be on time as late arrivals will not be permitted to enter.**

Arriving swim-ready

Whenever possible, you and your child should arrive swim-ready at the venue, i.e., with your swimming costume/trunks/swim nappy on underneath your clothes.

You will be asked to change poolside, so please bring only the essentials (leaving valuables at home where possible). Everything should fit in **ONE waterproof bag**, which will be left under a bench. It's important for belongings to be kept to a minimum and stored neatly, to allow space for others to store their belongings, too.

If you have a baby, please bring a changing mat for them that can be rolled up and placed in your bag, especially those of you who would normally use a changing table or a bench.

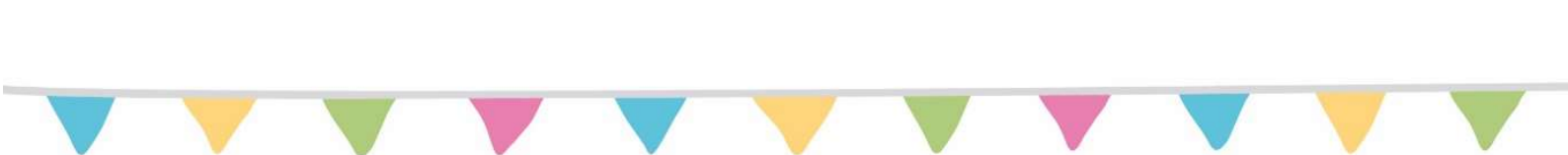
We appreciate that some children might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please ensure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside.

Spectators

No spectators are permitted, with the exception of older siblings who are allowed to wait poolside if their parent is in the water.

For baby and pre-school lessons, and for Swim Academy Levels 1 and 2, it is compulsory for parents to be in the water with their children, as government guidelines mean our teachers are currently unable to enter the pool.

For Swim Academy children at Level 3 and above, parents must leave the pool hall while their child's lesson takes place, before returning to collect them at the end of the class.



If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

Parking at the venue

Parking is available outside the venue as normal. Customers are required to follow social distancing in the car park.

Entering the building / signing in

Customers will enter the venue through the glass door in the pool hall. You will be asked to wait outside the entrance in a socially-distanced queue. Anyone aged 11 or over **must wear a face covering** to enter and exit the building, before and after classes and while changing, unless they are exempt. A QR code for the NHS Test and Trace app will be displayed on the door of the venue.

The Poolside Assistant will open the door before your class and offer hand sanitiser for your use. They will be wearing a face mask to keep everyone safe. Meanwhile, your teacher will sign you into the register.

Please wait until the Poolside Assistant calls you inside, to give time for the family in front of you to reach their changing area.

On entering the pool hall, you will be told on which side of the pool to get changed, and you should make your way to a marker on that side of the pool, which will be spaced to ensure social distancing.

Customers must remove their footwear on entry to the pool hall, and take it with them to their changing area. **Please consider wearing flip flops or other slip-on shoes** to make this easier.

The external door will be locked once customers have entered, so **please ensure you are on time** to avoid being turned away.

Once you are ready for your lesson, please wait poolside, keeping socially distant from other customers and pool users, until the teacher indicates it is time for you to enter the pool.

Toilets

Please try to use the toilet before arriving at your class. There will be one toilet available for use by one customer at a time.

Exiting the pool area after your lesson

After swimming, please put on your face covering immediately, and wear it until you exit the building. You can either change poolside, or there is space for four parents and children to change in the Ladies' changing room, and two pairs in the Men's. Please note that doors will be wedged open and no showers will be available.

A quick change is encouraged. We advise that you bring easy, comfortable clothing for both you and your child – items like hooded towels might be easiest for children to get changed into quickly and keep them warm. Parents or older children may wish to bring a large towel or poncho for modesty while changing.



Leaving the building

There are two exits – one is the patio door near the shallow end of the pool, so if you're changing at the shallow end, this is your best exit.

If you're changing near the deep end, please exit via the changing rooms. The route through the changing room area should stay clear as customers will be exiting this way, so please don't leave any belongings there.

When you are ready to leave the building, please wash your hands or use the hand sanitiser provided and make your way to your car.

Thank you for your support in keeping everyone safe. We hope you enjoy your lessons.