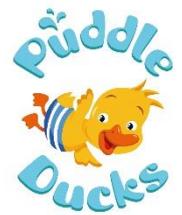


Swimming at Malvern College from Spring/Summer 2021



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Malvern College below – please read it very carefully.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run [here](#).

Please do not attend your class if you are feeling unwell, have any symptoms of Covid-19 or if you have been told to self-isolate. If you experience any symptoms after you have attended a class or have a positive Covid-19 test, please inform us ASAP.

Come Prepared!

Please make things super easy for yourself and each other:

- Please remember, an adult must accompany swimmers in the water
- Pack your face coverings and have them ready for entry into the building
- Come beach ready and wear shoes and clothes that are easy to get in and out of
- Bring a big shopper style bag to fit all your belongings in
- Remove ALL make up and do not apply body lotions etc before your class – such products deplete the available disinfectant in the water and we want optimum water quality for all our swimmers – please don't be offended if you are asked to remove make up by our team members on arrival
- Bring your neoprene swim nappy and body warmer/thermal suit if you baby/child needs one. The teachers no longer carry spare neoprene nappy covers or thermal suits. If you don't have a neoprene nappy cover and you swim in either Floaties, Splashers, Kickers or your little one is not potty trained and is Little Dippers then you will not be able to swim in your lesson.
- **FLOATIES AND SPLASHERS MUST WEAR A THERMAL WETSUIT OR BODY WARMER**

Arrival time

Please do not arrive any earlier than between 5 - 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

Arriving swim-ready

Wherever possible, you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. This is because in most venues, the changing rooms will not be available for the time being.



We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a change mat to the poolside with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside.

Please be aware the teachers will no longer be able to provide spare swim nappies and thermal suits, we recommend that you ensure you have a swim nappy and thermal (if required) which fits before leaving home for your lessons.

In most cases, you will be asked to change poolside as changing rooms are likely to be out of bounds so please bring only the essentials (keeping valuables to a minimum) and one bag to put everything in as this will be left poolside (in some cases, customers will be allocated a box/bucket in which to put your bag).

We advise that you all bring a change mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

Spectators

There will be no spectators allowed at Malvern College at the moment due to the limited space poolside.

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

By not allowing spectators, we are able to practice social distancing more effectively.

Parking at the venue

Please adhere to social distancing where possible in the car park.

Entering the building

When entering the building please follow the one-way system put in place by the college, there are hand sanitization stations throughout the building.

Please do not try to enter the building until between 5 - 10 minutes before the start of your lessons.

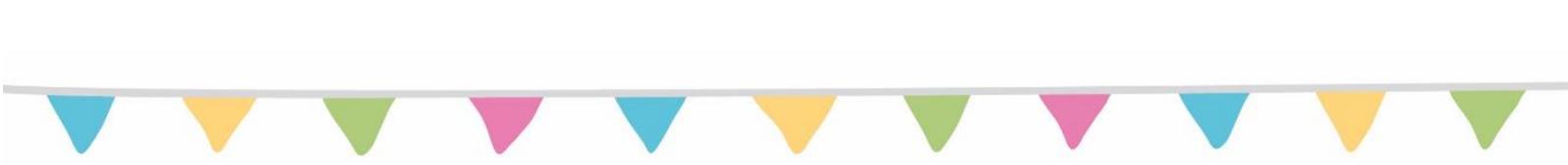
Once you reach the changing area you will be directed down a corridor between the male and female changing rooms to the poolside area.

Please removed your shoes before entering the pool hall.

Prams are not allowed in the building as there is nowhere for them to be stored, please use a baby sling or carry your baby.

Letting us know you are here

Your Puddle Ducks Poolside Assistant will be present and directing you to changing areas and cleaning each area after it has been used.



Entering the pool area

Please use hand sanitizer before entering the pool this can be located at the door entrances and the Poolside Assistant will have some as well.

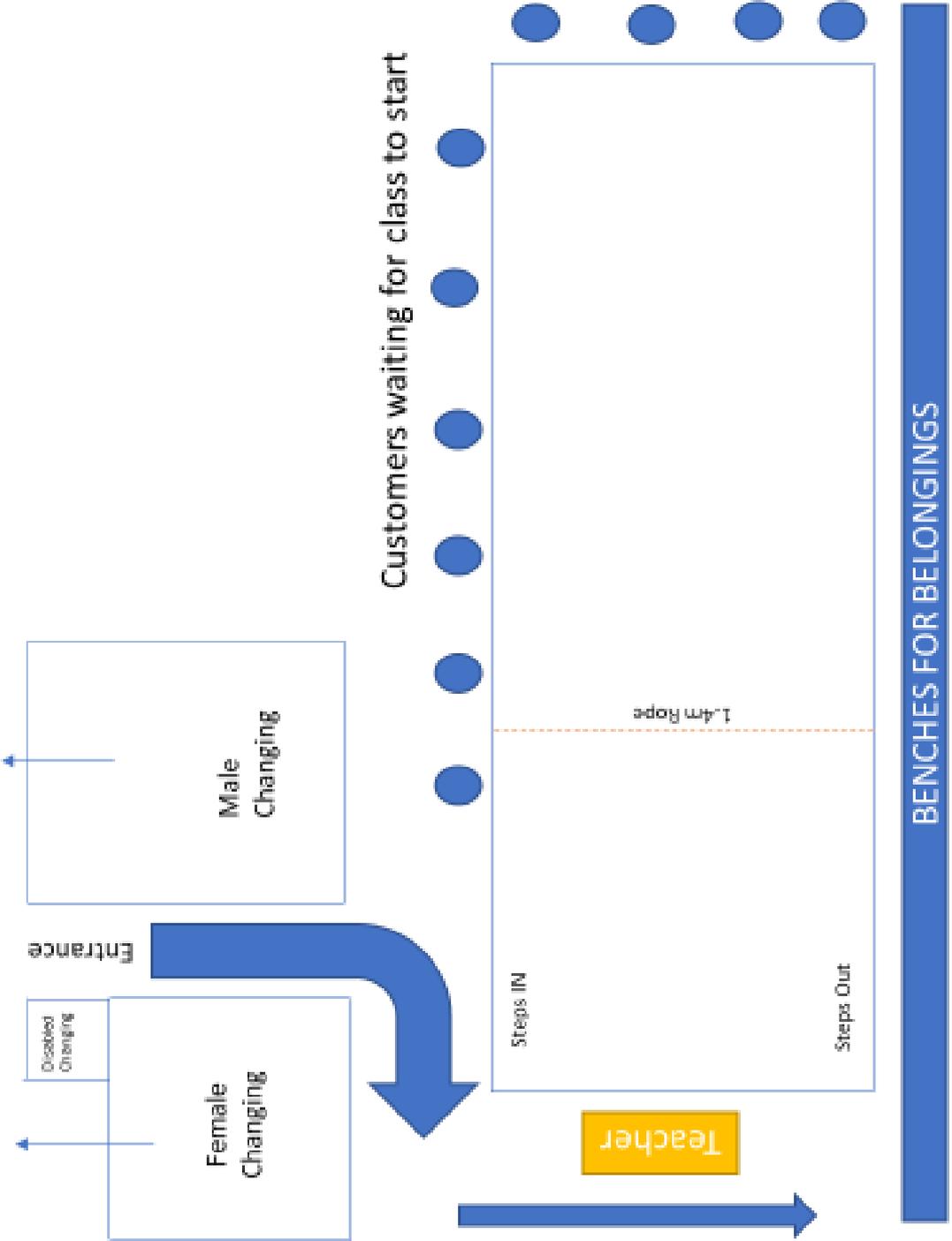
You will then be directed by a poolside assistant to a coloured marker placed 2 m apart on the benches to the right-hand side of the pool.

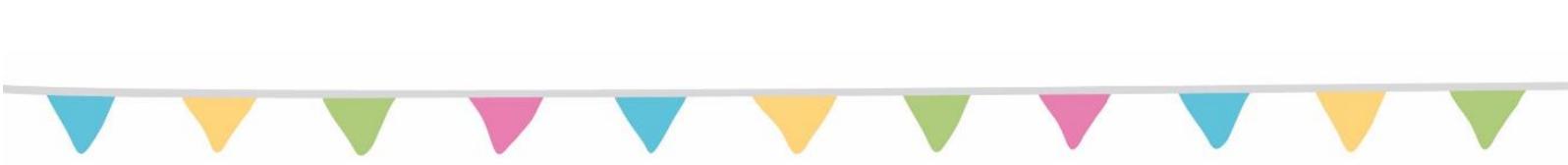
Please leave your belongings on these coloured markers and make your way to the coloured markers on the left-hand side of the pool to queue ready for your lesson.

Please see below a map of the pool hall indicating where you are to place your belongings and where you are to queue.

There will be Hand Sanitizers available and we ask that face masks/coverings are used when entering, exiting, and changing.

If you are bringing siblings to back to back lessons then you can swap over and one parent can stay to change but arriving no more than 5 minutes prior to the start of the lesson and leaving once changed. We ask that if you are arriving at the pool for the first time then you notify the Poolside Assistant that you will be attending back to back lessons.





Exiting the pool area after your lesson

Please exit the pool and head straight to your belongings and wait on these coloured markers until the next class has got into the pool.

This will then enable you to walk around the pool hall without crossing over with the next class.

We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm.

Changing rooms

The Poolside will then direct you into which Changing Room you will be able to change in after your lesson, we have exclusive use of both the male and Female changing rooms so we will put half your class in one changing room and half in the other.

Any male customers will be directed to the Disabled toilet/changing area to change.

The Poolside Assistant will be available to answer any questions, we will ask you move to the furthest coloured marker and area in the changing room to stop customers passing each other.

Please remember there will be no eating or drinking allowed in the pool hall or changing rooms.

Toilets

The toilet will be available for use during your lessons, unfortunately the shower will be out of use until further notice.

The toilet and sink area will be cleaned half hourly by the Poolside Assistant.

Leaving the building

When you are ready to leave the building please follow the one-way system out of the changing rooms and out of the building. Please wash your hands or use the hand sanitiser provided and make your way to your car/mode of transport.

We are very much looking forward to welcoming you and your family back to Puddle Ducks and our swimming lessons and will appreciate any feedback to help make this as safe and enjoyable for you as possible.