

Swimming at Springwood Heath Primary School from April 2021



We are so excited to start our classes at Springwood Heath Primary School. As with many things in life, there are some new procedures that you need to be aware of; you will find everything you need to know about Springwood Heath Primary School below – please read it very carefully.

If you would also like to read about what Puddle Ducks are doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run [here](#).

Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and supports current social distancing guidelines.

Arriving swim-ready

Wherever possible, you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. At Springwood Heath Primary School, the changing rooms are ONLY available for our customers to use after their lesson; please follow the one-way system and wherever possible adhere to current social distancing guidelines. Please do not bring buggies or car seats into this venue.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a change mat with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at the venue.

In addition, we advise that you all bring an additional towel that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

Spectators

Due to the current pandemic there is a 'no spectators' policy at all our pools. By not allowing spectators, we are able to practice social distancing more effectively. If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

Parking at the venue

Parking at Springwood Heath Primary School is via the main car park (**SAT Nav Car Park L19 4TX**) and is free. Please ensure you adhere to current social distancing guidelines when using the car park.



Entering the building

Access to the Pool is from the main entrance. All Puddle Ducks customers should use the double doors into reception and make themselves known to the reception team. Please then wait in reception until you are permitted to enter the pool hall. For those swimmers attending the 3pm & 3.30 pm classes on a Monday, access is through the fire doors directly onto poolside, this is to minimise contact with pupils leaving the school building at that time.

Signing in/Letting us know you are here

Please make yourselves known to the reception team on arrival; your teacher will take the register at the start of your class.

Toilets

The Toilets are available to use if necessary, in the main changing rooms; please ensure you sanitise your hands before and after entering the changing area.

Changing rooms

At Springwood Heath Primary School, the changing rooms are only available after your lesson so wherever possible please bring only the essentials (no valuables). In addition, we advise that you all bring a change mat/ additional towel that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench. The changing rooms will be allocated at the end of each lesson to adhere to the current social distancing measures.

Entering the pool area

Please wash/ sanitise your hands before entering the pool area. Please follow directional instruction at the pool – there will be a one-way system so that those entering and exiting the pool do not mingle. Please wait poolside, keeping socially distant from other customers and pool users wherever possible, until the teacher indicates it is time for you to enter the pool.

Exiting the pool area after your lesson

Please follow directional signage at the pool – there will be a one-way system so that those entering and exiting the pool do not mingle. We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm.

Leaving the building

We ask you to change as quickly as possible and take all your belongings and rubbish with you. When you are ready to leave the building, please wash your hands or use the hand sanitiser provided and make your way to your car/mode of transport. Kindly note there is no access to Puddle Ducks customers to return to the school main building or pool hall.