

Swimming at Aldridge School from May 2021



We are so excited to be able welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Aldridge School below – please read it very carefully.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run on our website.

Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

Arriving swim-ready

Changing rooms are available however you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes or a robe. This is to minimise the time spent in the changing area.

All shoes must be removed in the foyer and placed within your own bag, they must not be worn in the pool hall. Please consider wearing flip flops or other slip-on shoes to make this easier.

To ensure a quick changing process, please bring only the essentials (keeping valuables to a minimum) and just **one waterproof bag** to put everything in as this will need to be left underneath the benches in the changing rooms.

We appreciate that our younger children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a change mat to the changing area with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible in the changing area.

We advise that you all bring a change mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

Spectators

No spectators are permitted at this time.

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator poolside to help as necessary.

Parents are expected to join their child in the water for our Baby & Preschool lessons and Swim Academy levels 1 & 2.



Parking at the venue

Parking is in the car park next to the pool hall as usual. Please adhere to social distancing in the car park.

Entering the building

Access to the pool hall is unchanged. Please make your way from the car park through the green gates to the pool hall entrance. Please adhere to social distancing at all times and use the hand sanitiser available in the entrance.

Signing in/Letting us know you are here

Our poolside assistant will greet you as you enter the pool hall and direct you to the changing rooms. The poolside assistant will be wearing a face mask to protect both themselves and you as customers. Our teacher will take the register as normal before the lessons.

Face coverings and NHS Track & Trace

Adults will be required to wear a face covering upon entering the pool building and whilst changing but they are not required to be worn in the pool.

We will be displaying NHS COVID-19 Test & Trace QR codes for you to scan using the app so you can now check-in easily using your smart phone. If you don't have access to this app or don't have your phone with you please don't worry, as we have manual records via our registers of who attended.

Toilets/showers

Toilets are available within the changing rooms. Please ensure your child has visited the toilet before lessons if required.

Entering the pool area

Please wash your hands before entering the pool area. In some cases, it might be using hand sanitiser instead of soap and water.

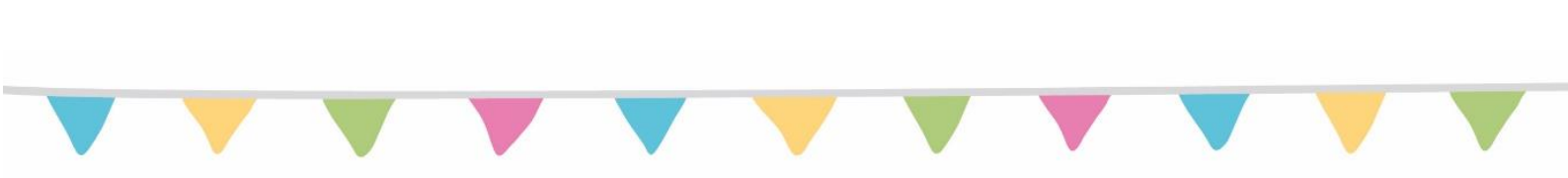
We will be asking each class to form a socially distanced queue poolside, avoiding the teachers and swimmers in the previous class. After the previous lesson has finished, please wait until you are directed to enter the pool.

Exiting the pool area after your lesson

After the lessons please proceed to the changing area. Please aim to change as quickly as possible to allow time for our poolside assistant to clean the changing area before the next set of customers arrive. We advise that you bring easy, comfortable clothing for both you and your child – items like robes or onesies are easiest for children to get changed into quickly and keep them warm.

Leaving the building

When you are ready to leave the building, please wash your hands or use the hand sanitiser provided and make your way to your car/mode of transport via the fire exit.



Thank you for your support in keeping everyone safe at this time. We hope you enjoy your lessons.