Swimming at New College Worcester Summer 2021



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about New College Worcester below – please read it very carefully.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run <u>here</u>.

<u>Please do not attend your class if you are feeling unwell, have any symptoms of Covid-19 or if you</u> have been told to self-isolate. If you experience any symptoms after you have attended a class or have a positive Covid-19 test, please inform us ASAP.

Come Prepared!

Please make things super easy for yourself and each other:

- Please remember, an adult must accompany all Level 1 and 2 swimmers in the water
- Pack your face coverings and have them ready for entry into the building
- Come beach ready and wear shoes and clothes that are easy to get in and out of
- Bring a big shopper style bag to fit all your belongings in
- Remove ALL make up and do not apply body lotions etc before your class such products deplete the available disinfectant in the water and we want optimum water quality for all our swimmers – please don't be offended if you are asked to remove make up by our team members on arrival

Arrival time

Please do not arrive any earlier than between 5 - 10 minutes before your lesson starts. This should give you enough time to get changed and poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

Arriving swim-ready

Wherever possible, you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. This is because in most venues, the changing rooms will not be available for the time being.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a change mat to the poolside with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside.

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Please be aware the teachers will no longer be able to provide spare swim nappies and thermal suits, we recommend that you ensure you have a swim nappy and thermal (if required) which fits before leaving home for your lessons.

We advise that you all bring a change mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

Spectators

There will be no spectators allowed at New College Worcester at the moment due to the limited space poolside.

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

If you are bringing siblings to back to back lessons then you can swap over and one parent can stay to change but arriving no more than 5 minutes prior to the start of the lesson and leaving once changed.

By not allowing spectators, we are able to minimise the number of people you come in contact with and keep you as safe as we can whilst at the pool.

Parking at the venue

Please ensure you enter the site and follow the road to the right and park in the spaces marked for visitors and adhere to social distancing where possible in the car park. All customers must ensure they wait in their car until just before the start of their lesson and follow the pathways to the entrance. We ask that you keep to the paths as this is a residential site for the visually impaired it is imperative you stick to the paths and do not stop to talk to other customers and be aware it is not as easy for them to socially distance.

Entering the building

When entering the building please enter through the main entrance door and proceed straight to the appropriate changing room, you will then be asked to walk around the deep end of the pool (please ensure children's hands are held at all times) to the spectator area where you will be asked to wait for your lesson to commence

There are hand sanitization stations throughout the building.

The Poolside Assistant will let you into the building please do not enter the building until they open the doors for you.

Please remove your shoes before entering the pool hall and leave them in the main entrance hallway ready to put back on when you leave.

Letting us know you are here

Your Puddle Ducks Poolside Assistant will be present and will direct you to where you need to go.

Entering the pool area

Please use hand sanitizer before entering the pool hall this can be located at the door entrances and the Poolside Assistant will have some as well.

Your will then be directed by a poolside assistant to the appropriate change room to change and leave your belongings.

Make your way to the pool hall following the one way system around the deep end to your left when you enter the pool hall, queuing on the opposite side of the pool.

Please see below a map of the pool hall indicating where you are to enter, queue and exit.

There will be Hand Sanitizers available, and we advise that face masks/coverings are used when entering, exiting, and changing.

Changing rooms

There are female and male changing rooms and we ask that you try and keep your distance from other customers where possible when in the changing rooms to keep everyone safe.

Wipes will be provided in each changing room we ask you wipe down the area you are changing in before and after you change.

Please remember there will be no eating or drinking allowed in the pool hall.

Exiting the pool area after your lesson

Please exit the pool and head straight to your belongings in the changing room to change and leave the building through the same door as you entered collecting your shoes on the way out.

We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm.

Toilets

The toilet and sink area will be cleaned after every class by the Poolside Assistant.



Leaving the building

When you are ready to leave the building, please leave via the same entrance you came in. Please wash your hands or use the hand sanitiser provided and make your way to your car/mode of transport.

We are very much looking forward to welcoming you and your family back to Puddle Ducks and our swimming lessons and will appreciate any feedback to help make this as safe and enjoyable for you as possible.