# Swimming with Puddle Ducks York, Hull and East Yorkshire from August 16<sup>th</sup> 2021



We just wanted to update you on what moving to Step 4 of the Government Roadmap means for your swimming lessons. We know things have been different regarding teachers out of the water, spectators, changing rooms, mask wearing and more and we are so appreciative of all your cooperation and patience. We hope you agree that our lessons have been the same high quality and fun for you and your little ones but we know we all want to go back to 'normal' as soon as possible.

The Puddle Ducks experience may still not be the same for everyone across the UK due to different rates of releasing restrictions in Wales and Scotland and because some pools may still insist on certain procedures to ensure the ongoing safety of everyone who uses the pool.

What you can be assured of is that, along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority. To this end, we wanted to cover the main areas that have been affected by Covid restrictions and how these might now start to look.

We have also updated our FAQs so if you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are continuing to take <u>here</u>.

## Arrival time

As per pre-covid procedures, arriving no more than 15 minutes before the start of your lesson should be plenty of time to get ready and be poolside before the start of your lesson.

Changing rooms will continue to be available at all pools and we still recommend you arrive swim ready where possible to reduce time spent in the changing rooms.

We advise that you all bring a change mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

## Spectators

With the restrictions lifted around social distancing, many of our venues will be able to accommodate spectators once more. We ask that this is limited to <u>one person</u> initially to maintain a safe environment for everyone.

Spectators will be allowed at the following pools:

- New Earswick, York (viewing gallery)
- Roko, York (poolside benches are available, but capacity has been reduced)
- Archbishop Holgate's School, York (benches poolside)
- Village, Hull (poolside)
- Nuffield, Hull (from café and viewing area, not poolside)
- The Palms, Carnaby

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- Energise (poolside bench but limited to 4 adults per class)

Unfortunately, spectators will not be allowed at the following pools:

- Kilima, York
- Willow Lodge, Bubwith
- The Crown, Boroughbridge
- Frederick Holmes, Hull (from September)
- Everlast Fitness, Hull

The practical layout of some of our pools means they may have not allowed spectators pre-Covid but some pools are in environments with particularly vulnerable people (such as hospitals or special needs schools) and these may have decided to maintain a no-spectators policy to keep everyone as safe as possible.

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

#### **Poolside Assistants**

Poolside Assistants will still be present at some of our lessons to assist customers and to clean equipment and touch points in high traffic areas. Where Poolside Assistants are present, they will also be registering your arrival. They will still be wearing Face Coverings for the time being.

## **Face Coverings**

Whilst these are no longer a legal requirement in indoor settings, we will be encouraging the adults who attend our lessons to still wear a Face Covering inside the pool building (but not in the pool) and our team members will still wear Face Coverings as they move around the building.

## Entering the pool area

Please continue to wash your hands before entering the pool area. At some venues this may be hand sanitiser instead of soap and water.