

Swimming at Everlast Fitness Bristol Imperial from September 2021



This document explains what moving to Step 4 of the Government Roadmap means for your swimming lessons from September 2021. You can be assured that, along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority.

Arriving at the pool and changing

- On arrival, please go to Reception and tick your child's name on the register.
- Changing rooms will be available, however, adults and Swim Academy children are encouraged to arrive swim-ready, if possible, in order to minimise time spent in an enclosed space with others. **Note that adults are no longer permitted to be in the in the water with Swim Academy children.**
- Please arrive no more than 10 minutes before the start of your lesson, and be poolside ready for the start of your lesson.
- Showers will be available and are encouraged before and after your lesson.

Spectators / Swim Academy parent spotters

- No spectators will be permitted for baby and pre-school lessons.
- Two parent spotters are required for each Swim Academy class, who will sit poolside during the lessons. The parents will be different each week and arranged by the teacher. Please check if your name is highlighted on the register when you arrive at Reception.
- All parents will be given the chance to be poolside, however if you'd prefer not to be a parent spotter, please let your teacher know.
- If you are not a parent spotter, **you must leave the pool hall once your child's lesson starts but remain on the premises**, either in the café area or the changing rooms, so that the parent spotter can quickly get you if your child needs the toilet or has a 'wobble' in the pool. **Please ensure your child visits the WC before their class.**
- Strictly no parents or children allowed on the decking area (where the jacuzzi used to be).
- If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to any class, to help as necessary.

Poolside Assistants

- Poolside Assistants will not be present at Everlast Fitness, as cleaning and registration will be undertaken by the venue's team instead.

Face coverings

- We recommend that customers wear face coverings inside the venue, but not in the pool, unless they are medically exempt. Our team members will still wear face coverings as they move around the building.



Hand washing

- Please continue to wash your hands before entering the pool area. At some venues this may be with hand sanitiser instead of soap and water.