

# Swimming at Romans Health Spa from September 2021



We just wanted to update you on what moving to Step 4 of the Government Roadmap means for your swimming lessons. We know things have been different regarding teachers out of the water, spectators, changing rooms, mask wearing and more and we are so appreciative of all your co-operation and patience. We hope you agree that our lessons have been the same high quality and fun for you and your little ones but we know we all want to go back to 'normal' as soon as possible.

The Puddle Ducks experience may still not be the same for everyone across the UK due to different rates of releasing restrictions in Wales and Scotland and because some pools may still insist on certain procedures to ensure the ongoing safety of everyone who uses the pool.

What you can be assured of is that, along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority. To this end, we wanted to cover the main areas that have been affected by Covid restrictions and how these might now start to look.

We have also updated our FAQs so if you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are continuing to take [here](#).

## Arrival time

As per pre-covid procedures, arriving no more than 15 minutes before the start of your lesson should be plenty of time to get ready and be poolside before the start of your lesson.

Changing rooms will be available once again but arriving swim ready where possible will help to reduce the amount of time spent in the changing rooms.

## Spectators

Spectators are not allowed. There is a viewing area/lounge which is accessible via to the Health Club reception desk.

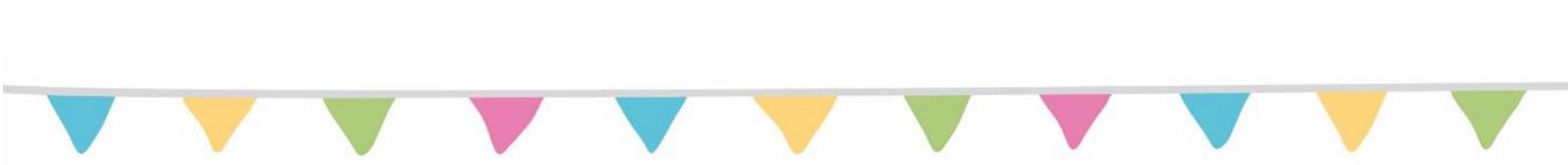
If you require assistance due to a disability (either your own disability or your child's), then you can bring a spectator to help as necessary.

## Parking at the venue

Please Park in front of the entrance, there are further spaces available in the main hotel car park.

## Entering the building

Enter through the automatic doors, advise reception you are here for your class, hand sanitizer is available, collect a locker key from the bowl on reception & take a left to the changing rooms



## Poolside Assistants

Poolside Assistants will be present still to assist customers and to clean equipment and touch points in high traffic areas. Our Poolside Assistants will register your arrival. They will still be wearing Face Coverings for the time being.

## Toilets

If you need to use the toilet before or after your class, they are situated withing the changing rooms.

## Changing rooms

Changing rooms will be available before and after your lessons.

## Face Coverings

Whilst these are no longer a legal requirement in indoor settings, we will be encouraging the adults who attend our lessons to still wear a Face Covering inside the pool building (but not in the pool) and our team members will still wear Face Coverings as they move around the building.