

# Swimming at Juvenate East Midlands from September 2021



We just wanted to update you on what moving to Step 4 of the Government Roadmap means for your swimming lessons. We know things have been different regarding teachers out of the water, spectators, changing rooms, mask wearing and more and we are so appreciative of all your co-operation and patience. We hope you agree that our lessons have been the same high quality and fun for you and your little ones but we know we all want to go back to 'normal' as soon as possible.

The Puddle Ducks experience may still not be the same for everyone across the UK due to different rates of releasing restrictions in Wales and Scotland and because some pools may still insist on certain procedures to ensure the ongoing safety of everyone who uses the pool.

What you can be assured of is that, along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority. To this end, we wanted to cover the main areas that have been affected by Covid restrictions and how these might now start to look.

We have also updated our FAQs so if you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are continuing to take [here](#).

## Arrival time

As per pre-covid procedures, arriving no more than 15 minutes before the start of your lesson should be plenty of time to get ready and be poolside before the start of your lesson.

Changing rooms will be available once again but arriving swim ready where possible will help to reduce the amount of time spent in the changing rooms.

## Spectators

With the restrictions lifted around social distancing, we will be able to accommodate one spectator per swimmer.

## Parking at the venue

Parking available in main car park as usual, please bring your parking ticket with you into reception & you can use the machine on the desk to validate this when you are leaving

## Entering the building

Enter through the main doors & let the reception desk know you are here for your lesson, you will be swim ready and if you are using the poolside area for changing will leave your bag on the floor (not on the lounge as the next class will need space for their kit, if you are using the changing rooms you can ask for a locker key to store your belongings.



## Signing in/Letting us know you are here

The teacher will also tick you off on the class register

## Toilets

The toilets are located in the changing rooms.

## Changing rooms

Changing rooms will be available to Puddle Ducks parents & swimmers, there is also the sauna room available for additional changing and 3 loungers poolside too.

## Face Coverings

Whilst these are no longer a legal requirement in indoor settings, we will be encouraging the adults who attend our lessons to still wear a Face Covering inside the pool building (but not in the pool) and our team members will still wear Face Coverings as they move around the building.

## Leaving the building

When you are ready to leave the building, please exit through the main doors, do not forget to validate your car parking ticket