

Swimming at Everlast Fitness Club Derby from September 2021



We just wanted to update you on what moving to Step 4 of the Government Roadmap means for your swimming lessons. We know things have been different regarding teachers out of the water, spectators, changing rooms, mask wearing and more and we are so appreciative of all your co-operation and patience. We hope you agree that our lessons have been the same high quality and fun for you and your little ones but we know we all want to go back to 'normal' as soon as possible.

The Puddle Ducks experience may still not be the same for everyone across the UK due to different rates of releasing restrictions in Wales and Scotland and because some pools may still insist on certain procedures to ensure the ongoing safety of everyone who uses the pool.

What you can be assured of is that, along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority. To this end, we wanted to cover the main areas that have been affected by Covid restrictions and how these might now start to look.

We have also updated our FAQs so if you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are continuing to take [here](#).

Arrival time

As per pre-covid procedures, arriving no more than 15 minutes before the start of your lesson should be plenty of time to get ready and be poolside before the start of your lesson.

Changing rooms will be available once again but arriving swim ready where possible will help to reduce the amount of time spent in the changing rooms.

Spectators

Spectators won't be allowed poolside I am afraid, if you have siblings in back to back lessons, please wait until a few minutes before your next lesson begins & then you can bring your little one poolside no more than 2 minutes before the class start time.

Swim academy, please do not wait poolside at any time other than to drop your child off & collect them at the end of the lesson. We have a poolside assistant who will ensure children make it down the stairs safely to use the disabled toilet if needed. Please ensure your child has used the toilet prior to the lesson.

Parking at the venue

Parking available in main car park as usual, the maximum allowed parking is 2 hours, if you are parked for any longer than this you need to enter your registration number in the device on the reception desk



Entering the building

Enter through the main doors and head to the far left hand corner, on your way into the Health Club, You will be ticked off on the register, please use the hand sanitiser provided.

Signing in/Letting us know you are here

The teacher will also tick you off on the class register

Toilets

There are toilets available in the changing rooms.

Changing rooms

Changing rooms will be available to Puddle Ducks parents and swimmers before and after lessons. A padlock is required for the lockers these are available to purchase from reception for £4.

Entering the pool area

Please sanitise your hands before entering the pool area.

Please only enter the poolside area a few minutes before your lesson, please use the poolside shower and wait for the teacher to call you over for your lesson.

Exiting the pool area after your lesson

Please exit the pool as usual, down the stairs into the changing room. The poolside and steps can get very slippery so please take care and fully supervise your child.

Leaving the building

When you are ready to leave the building, please exit the same way back into the corridor and out via the reception desk.