# Swimming with Puddle Ducks at queen Mary's Grammar School from September 2021

We just wanted to update you on what moving to Step 4 of the Government Roadmap means for your swimming lessons. We know things have been different regarding teachers out of the water, spectators, changing rooms, mask wearing and more and we are so appreciative of all your co-operation and patience. We hope you agree that our lessons have been the same high quality and fun for you and your little ones but we know we all want to go back to 'normal' as soon as possible.

The Puddle Ducks experience may still not be the same for everyone across the UK due to different rates of releasing restrictions in Wales and Scotland and because some pools may still insist on certain procedures to ensure the ongoing safety of everyone who uses the pool.

What you can be assured of is that, along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority. To this end, we wanted to cover the main areas that have been affected by Covid restrictions and how these might now start to look.

We have also updated our FAQs so if you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are continuing to take here.

#### Arrival time

As per pre-covid procedures, arriving no more than 10 minutes before the start of your lesson should be plenty of time to get ready and be poolside before the start of your lesson.

Entrance is via the main pool hall entrance at the bottom of the steps from the carpark using door code 3478 to gain entry.

Changing rooms are available once again but we ask that you continue to arrive 'swim ready' with your swimming costume/trunks/swim nappy on underneath your clothes. We appreciate that those children still in nappies might need a nappy change just before their lessons.

#### Spectators

Spectators will be allowed once again at the pool however we ask that you keep spectators to a minimum. Spectators are to sit in the spectator area poolside out of the way of the swimmers.

#### Cleaning

Our poolside assistant will be present and will continue cleaning the changing rooms and poolside area frequently throughout the session.

### **Face Coverings**

Whilst these are no longer a legal requirement in indoor settings, we will be encouraging the adults who attend our lessons to still wear a Face Covering inside the pool building (but not in the pool) and our team members will still wear Face Coverings as they move around the building.

## Entering the pool area

Please continue to wash your hands before entering the pool area. At some venues this may be hand sanitiser instead of soap and water.