

# Swimming at Fieldways Hotel and Health Club from September 2021



This document explains what moving to Step 4 of the Government Roadmap means for your swimming lessons from September 2021. You can be assured that, along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority.

## Arriving at the pool and changing

- On arrival, please tick your child's name on the register, located to the right of the Reception entrance door, and make your way to the changing rooms.
- **Baby and pre-school customers** - we appreciate that some children might need a nappy change just before their lessons. Ideally this can be done before entering the building but if not, please ensure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at the venue. Parents should arrive swim ready (with swimwear under their clothes) please.
- **Swim Academy customers** - Swim Academy children are encouraged to arrive swim-ready, in order to minimise time spent in an enclosed space with others. Note that adults are no longer permitted to be in the water with Swim Academy children.
- Please arrive no more than 10 minutes before the start of your lesson, and be poolside ready for the start of your lesson.
- Showers will be available and are encouraged before your lesson.

### Before lessons

- You will be asked to prepare for the lesson in the changing rooms, so please bring only the essentials (keeping valuables to a minimum) and one waterproof bag to put everything in, which can be left in the baskets provided. Place your basket under the benches so the next class can use the space after you. If you have a baby, please bring a changing mat for them that can be rolled up and placed in your bag, especially those of you who would normally use a changing table or a bench.
- Once you are ready for your lesson, please wait poolside until the teacher indicates it is time for you to enter the pool.

### After lessons

- Changing rooms will be available post swim. Please change as swiftly as possible and replace your basket by the changing room exit.

## Spectators

- No spectators will be permitted.
- If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to any class, to help as necessary.



### Swim Academy only:

- Two parent spotters are required for each Swim Academy class, who will sit poolside during the lessons. The parents will be different each week and arranged by the teacher. Please check if your name is highlighted on the register when you arrive at Reception.
- All parents will be given the chance to be poolside, however if you'd prefer not to be a parent spotter, please let your teacher know.
- If you are not a parent spotter, you must leave the pool hall once your child's lesson starts but remain on the premises, either in the bar area or courtyard area, so that the parent spotter can quickly get you if your child needs the toilet or has a 'wobble' in the pool. Please ensure your child visits the WC before their class.

### Poolside Assistants

- Poolside Assistants will be present at Fieldways to assist customers and to clean equipment, changing rooms and touch points in high traffic areas. They will also be registering your arrival.

### Face coverings

- We recommend that customers wear face coverings inside the venue, but not in the pool, unless they are medically exempt. Our team members will still wear face coverings as they move around the building.

### Hand washing

- Please continue to wash your hands before entering the pool area. At some venues this may be with hand sanitiser instead of soap and water.