

# Swimming at Gayton Pool from September 2021



We just wanted to update you on what moving to Step 4 of the Government Roadmap means for your swimming lessons. We know things have been different regarding teachers out of the water, spectators, changing rooms, mask wearing and more and we are so appreciative of all your co-operation and patience. We hope you agree that our lessons have been the same high quality and fun for you and your little ones but we know we all want to go back to 'normal' as soon as possible.

The Puddle Ducks experience may still not be the same for everyone across the UK due to different rates of releasing restrictions in Wales and Scotland and because some pools may still insist on certain procedures to ensure the ongoing safety of everyone who uses the pool.

What you can be assured of is that, along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority. To this end, we wanted to cover the main areas that have been affected by Covid restrictions and how these might now start to look.

We have also updated our FAQs so if you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are continuing to take [here](#).

## Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around.

## Spectators

With the restrictions lifted around social distancing, we will be able to accommodate one spectator per swimmer.

## Parking at the venue

As you enter the school grounds, keep to the right where you will see the pool building, please park here only, if the car park is full you will need to park on one of the roads nearby

**Do I need to bring any equipment** – other than your swimwear/swim nappies, we recommend a plastic cup & a floating toy, ducks are our favourite, for Floaties, a mat to lay your baby on for the class entry is also ideal we will provide everything else for your lesson

## Entering the building

We will enter using the Fire Exit, this is the door to the far left of the main entrance at the far end of the pool, The lifeguard will allow access 5 minutes before your lesson time, please be aware that the door will be closed promptly & if you are late you will not be allowed to enter. Please wait on the frog stations.



## Signing in/Letting us know you are here

The teacher will tick you off on the class register

## Toilets

The toilets in the changing room are in use, the disabled toilet is the nearest should you need to use the toilet during the lesson

## Changing rooms

Changing rooms will be available to Puddle Ducks parents and swimmers, these will be alternated each time to allow for cleaning between the male and Female changing rooms, Male's will be asked to use the disabled changing room, the maximum changing time allowed is 10 minutes per family, please be prompt so that the team can clean the changing room immediately after you depart

## Entering the pool area

Sanitise your hands on the way into the pool hall & follow the one way system around to the opposite side the 1<sup>st</sup> person in the line will use the chair at the far end of the pool to store their belongings & so on, if you are entering whilst a lesson takes place you will use the next set of chairs for your belongings (the chairs nearest as you use the one way system) if there is a class in the pool we are asking parents to wear a face covering whilst they wait poolside

## Exiting the pool area after your lesson

Please exit directly opposite the chair with your belongings & make your way into the changing rooms

## Leaving the building

When you are ready to leave the building, please exit by taking your immediate left out of the changing rooms & through the door into the foyer to your car