

Swimming at Everlast Fitness Newport from January 2022



With the reintroduction of social distancing measures we're returning to some of our previous procedures to keep everybody safe. You will find everything you need to know about Everlast Fitness Newport below – please read it very carefully.

Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This helps us to reduce congestion and maintain social distancing. Sanitise hands and sign in at Reception. Please scan the QR code to support the Test, Trace, Protect system. Venue staff may carry out a temperature check on all those entering the building.

Face coverings

Anyone aged 11 or over must wear a face covering to enter and exit the building, before and after classes, unless they are exempt. Face coverings can be left in the changing rooms but should be popped on again as soon as possible after you exit the pool (i.e. while changing).

Arriving swim-ready

Wherever possible, you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. This is to reduce time spent in the changing rooms before your class.

Spectators

We're really sorry but there is a strict 'No Spectator' policy at this pool. For Swim Academy classes a parent can accompany their child in the changing room, then come poolside and wait on a socially distanced marker until it's time to swim. Please wait in the reception area during the class and collect from poolside afterwards. We'll have one parent poolside who will be our Parent Spotter (and will come and get you if your child needs the toilet during the class so please remain on site at all times).

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

Changing rooms

You can use the changing rooms but please aim to be out within ten minutes of finishing your class to allow venue staff to carry out additional cleaning as necessary.

Entering the pool area

Please move to a socially distanced marker to wait for your class. Please stay there until the teacher indicates it is time for you to enter the pool.



And finally...

We just want to say thank you again for being so patient and understanding with these changes. We absolutely can't wait to see you!!