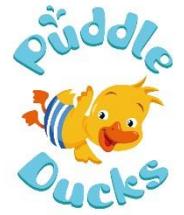


# Coronavirus (COVID-19) – What we expect from our customers when returning to lessons – an addendum to our Terms & Conditions



The World Health Organisation declared the Coronavirus (COVID-19) a Global Health Emergency on 30<sup>th</sup> January 2020 and Pandemic on 11<sup>th</sup> March 2020.

At Puddle Ducks, we ask that our customers take reasonable, proportionate steps in accordance with published guidance, to respond to the current (known) risks associated with the virus.

It is important that any person who enters any part of the pool or venue is medically and physically fit and is not a danger to themselves or the health and safety of others. If you are not sure, you should seek medical guidance from NHS 111 <https://111.nhs.uk/covid-19/>

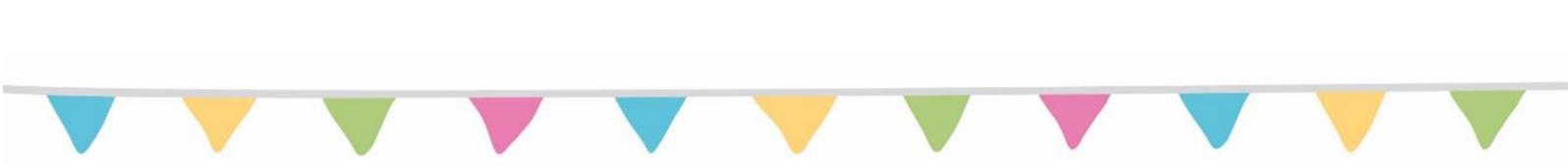
Please ask yourself the following questions before you attend your lessons:

1. Have you travelled internationally and returned to the UK, in the last 14 days, to any country not included in the Government list of travel corridors?  
<https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors>
2. Have you knowingly been in contact with any person who has returned from any country not included in the Government list of travel corridors in the last 14 days?  
<https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors>
3. Have you been exposed to a confirmed case of Coronavirus in the last 14 days?
4. Have you had contact with person(s) with flu-like symptoms in the last 14 days?
5. Do you or your child have any of the following symptoms?
  - a. Fever
  - b. Continuous cough
  - c. Sore throat
  - d. Muscle and/or joint pain
  - e. Running or stuffy nose
  - f. Loss or change to your sense of smell or taste
  - g. Fatigue
  - h. Diarrhoea
  - i. Vomiting
  - j. Breathing difficulty

If the answer is yes to any of the above questions or symptoms you should not attend your swimming lesson.

If the answer is yes to any of the above questions or symptoms, the UK Government advises that you must self-isolate for 14 days to help limit the spread of germs.

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>



If you have concerns about your health and COVID-19, please call NHS 111 or visit <https://111.nhs.uk/covid-19/>.

In the event that any of the symptoms present themselves during your swimming lesson, please inform your teacher from a safe distance and exit the pool, taking yourself straight home into self-isolation as per Government advice <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>.

As a Puddle Ducks customer, by attending our classes, you are warranting and confirming that:

- to your knowledge, you are medically and physically fit and able to undertake and participate in your Puddle Ducks swimming lesson and will not be a danger to yourself or to the health and safety of others.
- you understand that while at the venue, participating in your Puddle Ducks swimming lesson (and before and after swimming), you will ensure you undertake and comply with social distancing and exemplary hygiene measures and any instructions or measures specific to the venue, this includes the wearing of face coverings whilst inside all pool venues except when you are in the pool.
- you acknowledge that you undertake all activities at your own risk and Puddle Ducks have not and cannot make any representation or guarantee that attending the venue or participating in swimming is free from risk.