

Swimming at Highbury School from 12th September 2020



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Highbury School below – please read it very carefully.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run [here](#).

Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

Arriving swim-ready

Wherever possible, you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please take a change mat with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside.

Please bring only the essentials (keeping valuables to a minimum) and one bag to put everything in as this will be left poolside.

We advise that you all bring a change mat that can be rolled up and placed in your bag, especially those of you who have little ones who would normally use a change table or a bench.

Spectators

There are no spectators allowed at any of our pools to enable us to practice social distancing more effectively.

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator to help as necessary.

Parking at the venue

Please park in the bottom car park (left when you go through the school gates). Please adhere to social distancing where possible in the car park.

Entering the building

You will now enter the pool building via the fire exit door at the side of the building. This door will be locked until 10 minutes before your class start time.



Signing in/Letting us know you are here

As all lessons will have a Poolside Assistant present ticking off registers, the Poolside Assistant will welcome you at the fire exit door and ask you to sanitize your hands upon entry. The Poolside Assistant will be wearing PPE to protect both the customer and themselves.

Toilets

There is a toilet in each changing room please go to the toilet prior to coming poolside.

Changing rooms

Changing rooms are available at this venue, when you enter the building please go through the red door changing room to then go through to the yellow changing room. Please bring your own bag to place yours and your child's clothes in. Please remain in the yellow changing room until the Poolside Assistant asks you to enter the pool hall. You will then need to bring your bag with your personal belongings poolside so try and keep your belongings to a minimum.

Entering the pool area

Please sanitize your hands upon entry to the building. The Poolside Assistant will show you where you can do this.

Please follow instructions by the Poolside Assistant as we will be using a one-way system so that those entering and exiting the pool do not mingle – please ask the Poolside Assistant if you are unsure of the way.

Exiting the pool area after your lesson

After class please enter the red changing rooms and for males they can go in the yellow changing rooms via the yellow one. The poolside assistant will be on hand to show you where you can get changed. We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm. We will be

asking you to try and leave the building within 10 minutes of your class finishing to ensure we have time to clean prior to the next class arriving.

Leaving the building

When you are ready to leave the building, please wash your hands or use the hand sanitiser provided by the exit door and exit via the directions from the Poolside Assistant.

