

Swimming at Oswestry School from September 2020



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Oswestry School below – please read it very carefully.

Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

Arriving swim-ready

Wherever possible, you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. This is to minimise the time spent in the changing area. All shoes need to be removed upon entering the changing rooms and placed within your own bag, they must not be worn in the pool hall.

Please bring only the essentials (keeping valuables to a minimum) and just one bag to put everything in as this will need to be left poolside.

Equipment

Current UK guidance recommends that swimmers should bring their own swim equipment if possible. However, where customers don't want or feel the need to bring their own equipment or where they forget, there will be equipment available for use. Puddle Ducks have linked up with Splashabout to offer you 'kit bundle' offers (please see our website).

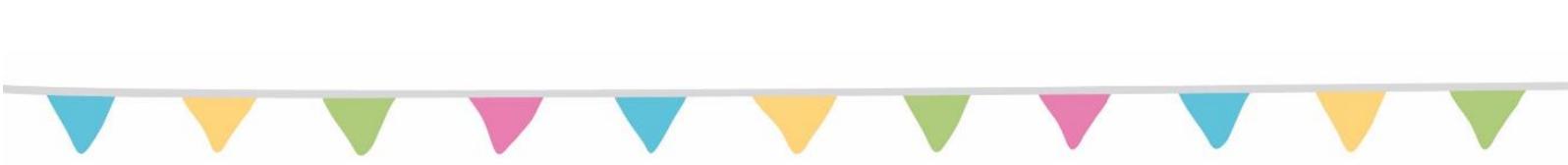
For Swim Academy lessons you will need 2 woggles & a sinking toy (1 woggle to be cut in half to make 2 short woggles)

Spectators

Due to limited poolside space, additional spectators are not allowed at this time and only 1 adult should accompany their child to the pool.

Parents are expected to join their child in the water for Swim Academy levels 1 & 2. For adults with children in Swim Academy Level 3 and above, where you are not required to be in the pool, then you should accompany your child in the changing rooms to help get them ready and then remain socially distanced alongside the right-hand wall during the lesson or you are welcome to wait outside or in your car.

If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator poolside to help as necessary.



Parking at the venue

Parking is in the main car park opposite the school by the playing fields as usual. Please adhere to social distancing in the car park and whilst walking to the pool building.

Entering the building

Enter the building via the changing rooms, adhering to social distancing at all times. Please use the hand sanitiser available in the entrance.

Signing in/Letting us know you are here

Our poolside assistant will greet you as you enter the pool hall. The poolside assistant will be wearing a visor to protect both themselves and you as customers. Our teacher will take the register as normal before the lessons.

Changing rooms

Customers are permitted to use the changing rooms but must adhere to a maximum capacity of 4 adult/child pairs in the each changing room at any one time. If the changing room is full please either wait a couple of minutes until a space becomes available or make your way round to the fire exit door at the side of the pool to change poolside if you are happy to do so. Please change as quickly as possible to allow other customers to use the space if we are over capacity in any one changing room and to allow our poolside assistant to clean the changing area between sessions. All belongings must be packed away into a single bag and brought with you to be stored poolside during your lesson along the wall closest to the changing rooms.

Toilets/showers

Toilets are available within the changing rooms. Showers are unavailable at this time however we ask that you shower at home before the lesson to help maintain the water quality.

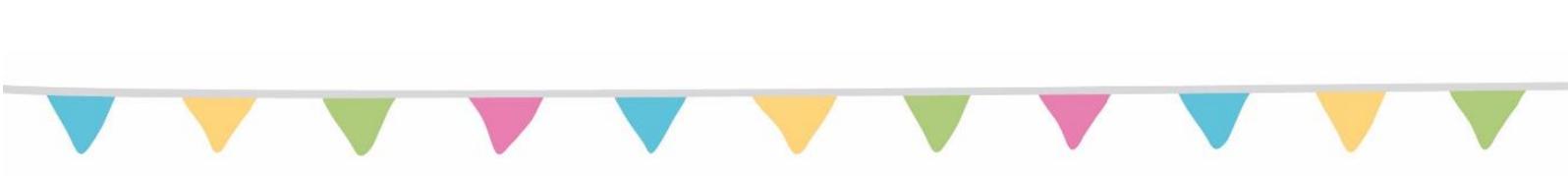
Entering the pool area

Please wash your hands before entering the pool area. In some cases, it might be using hand sanitiser instead of soap and water.

Entrance to the pool is via the changing rooms. We will be asking each class to enter the pool hall and form a socially distanced queue poolside alongside the right-hand wall, avoiding the teachers and swimmers exiting from the previous class. After the previous lesson has finished you will be asked to place your bags alongside the wall by the changing rooms and then enter the pool as directed by the teacher. Please ask the Poolside Assistant if you are unsure of the way.

Exiting the pool area after your lesson

After the lessons please proceed to the changing rooms. Please aim to change as quickly as possible to allow time for our poolside assistant to clean the changing rooms before the next set of customers arrive. We advise that you bring easy, comfortable clothing for both you and your child – items like onesies might be easiest for children to get changed quickly and keep them warm.



Leaving the building

When you are ready to leave the building, please wash your hands or use the hand sanitiser provided and make your way to your car/mode of transport.