

# Swimming at Concord Sports Centre from September 2020



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about Concord Sports Centre below – please read it very carefully.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run [here](#).

## Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get ready in time for your lesson. This will prevent overcrowding and ensure social distancing regulations are adhered.

## Arriving swim-ready

Wherever possible, you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/swim nappy on underneath your clothes. Please ensure your skin is clean of products to keep the pool and filters as clean as possible, as showers should not be used.

If your baby / child is wearing nappies, we recommend you either change your baby in the car when you arrive, or use the changing facilities at the pool as described below. You may want to bring a change mat with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at the pool. Please ensure you have the correct nappies for your baby, as at the moment we cannot lend customers nappies for the class.

Please bring only the essentials (keeping valuables to a minimum) and one bag to put everything in.

## Spectators

Until measures are relaxed further, there will be a no spectator policy.

By not allowing spectators, we are able to practice social distancing more effectively.

## Parking at the venue

The sports centre has a large free of charge car park.



## Entering the building

Please wear a face covering when entering and use the main entrance. There will be a concierge on the doorway to greet you, please tell him/her you are here for a Puddle Ducks lesson and you will be fast tracked through reception with no need to queue at the desk. Please use the hand sanitizer provided on entry, and you will be directed towards the turnstile barrier which will be open, please use social distancing markers throughout the building. Turn left through the barriers, straight down the corridor towards the pool. Please remove your shoes once at the viewing area, and go through the gate straight onto poolside, turning right towards the teaching pool.

## Signing in/Letting us know you are here

The poolside assistant will be wearing a face shield when you arrive to protect you as customers and also herself. She will mark the register and show you to a changing pod where you will get ready for class.

## Toilets

Toilets are in use and cleaned by the Sheffield City Trust team. They are located in the changing areas.

## Equipment

Each swimmer will be allocated their own equipment at the start of their lesson. This will be your equipment throughout the class and is not to be swapped with other swimmers. This will consist of a woggle, a ball and a sinking ring (class dependent). This equipment will be used as a marker along poolside to ensure you can keep socially distanced in the pool too.

Equipment is to be fully-submerged in pool water before and after use. You will be encouraged by your Teacher to give your equipment a “bath/wash in the pool” before placing the equipment back onto poolside.

## Changing rooms

There will be some changing pods on poolside near the teaching pool for you to use prior to your lesson. After your class, you will collect your belongings and make your way to the main changing rooms, using the designated ‘in’ entry door. Please change as quickly as possible using the designated cubicles.

## Exiting the pool area after your lesson

You will exit the pool as directed by your teacher, and head straight to the changing rooms, collecting your belongings on the way.

## Leaving the building

When you are ready to leave, please leave the building via the fire exit which is in the changing rooms near the pool entry corridor.