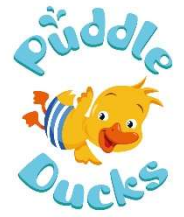


Swimming at St Wilfrids School from September 2020



We are so excited to welcome you back to the pool. As with many things in life, there are some new procedures that you need to be aware of at your chosen venue. You will find everything you need to know about St Wilfrid's School below – please read it very carefully.

If you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are taking including our risk assessment procedure, cleaning and hygiene regimes and temporary changes to the way our lessons will be run [here](#).

Arrival time

Please do not arrive any earlier than 10 minutes before your lesson starts. This should give you enough time to get poolside and prevents lots of people from waiting around in spaces which may be too small to handle it in the current situation.

Arriving swim-ready

Wherever possible, you and your child should arrive swim-ready at the venue i.e. with your swimming costume/trunks/ on underneath your clothes. Please ensure your skin is clean of products to keep our pool and filters clean in our pool as the showers will not be in use.

If your baby / child is wearing nappies, we recommend you either change your baby in the car when you arrive, or use the changing facilities at the pool as described below. You may want to bring a changing mat with you and please make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left anywhere in the changing rooms. Please ensure you have the correct nappies for your baby, as at the moment we cannot lend customers nappies.

Please bring only the essentials (keeping valuables to a minimum) and one bag to put everything in as this will be left in the changing room.

We advise that you all bring a change mat that can be rolled up and placed in your bag, as due to the amount of extra cleaning needed at the moment, changing mats is something that will no longer be provided.

Spectators

Until measures are relaxed further, we will have to have a no spectator policy at St Wilfrid's as it is not possible to keep at a social distance via the viewing window in the canteen, and this will also make it difficult when customers are arriving for their class

By not allowing spectators, we are able to practice social distancing more effectively.



Parking at the venue

There are two different entrances to the school, which are just a few yards away, please use the main entrance which has an automatic barrier on (which will be up). Once through the barrier, there is a car park straight in front of you, this can be used as an overflow car park if needed. Please take the left turn and park in the car park there, near the tennis courts on your left.

Entering the building

We will be operating a one-way system. Please enter the pool building via the normal entrance near the tennis courts. The Gents changing room is directly to the left upon entry, and the ladies is through the canteen keeping left, the changing room door is on the on the left just past the window. Hand sanitizer will available on entry to the building.

Signing in / Letting us know you are here

The poolside assistant will be wearing a face shield when you arrive to protect you as customers and also herself.

Once ready – please queue along the wall to the right of the entrance door to the pool, leading down to the toilets in the changing rooms, ensuring social distancing is maintained at all times using the markers and await instruction from our Poolside Assistant when to enter poolside.

Once onto poolside you will be asked to wait on the right-hand side of the entrance using the social distancing markers at the side of the pool. This is to allow the previous class to be able exit the pool and go straight into the changing rooms.

If you need to access the other side of the pool you must follow the one way system clockwise around the pool. The poolside assistant is there to advise.

Toilets

The toilets will be in use. Ones not in use, will have a sign on the door.

Equipment

Each swimmer will be allocated their own equipment at the start of their lesson. This will be your equipment throughout the class and is not to be swapped with other swimmers. This will consist of a woggle, a ball and a sinking ring (class dependent). This equipment will be used as a marker along poolside to ensure you can keep socially distanced in the pool too.

Equipment is to be fully-submerged in pool water before and after use. You will be encouraged by your Teacher to give your equipment a “bath/wash in the pool” before placing the equipment back onto poolside.



Changing rooms

The changing rooms will be in use, following a one way system. All customers must ensure social distancing as follows:

Ladies: Maximum of 4 in the upper benched area, maximum of 3 in the middle area by the showers, and a maximum of 4 in the lower benched area

Gents: Maximum of 6 in the upper benched area, maximum of 6 in the lower benched area. **Please note that our female poolside assistant will need to access the changing areas regularly for cleaning.**

Showers are not permitted, and customers should change as quickly as possible. Our poolside Assistant will enter the changing area between classes and sanitize all touch points and benches.

Exiting the pool area after your lesson

Customers must leave the pool directly into the changing rooms as instructed by the teacher / poolside assistant.

Leaving the building

Once you are changed and ready to leave, please exit the changing rooms via the fire exit door at the bottom of the changing rooms. Gents will leave via the fire exit and then the door immediately to the left bringing them out onto the car park. Ladies will leave via the fire exit, turn left into the gym, left again at the other end and out onto the car park via the door on the right. Hand sanitizer available on exit

Where possible doors will kept open, if not regular sanitizing of handles and touch points will take place throughout the session.