# Swimming at Parson Street School from February 2022



This document explains what moving to Plan A of the Government Roadmap means for your swimming lessons from February 2022. You can be assured that, along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority.

### Arriving at the pool and changing

- You and your child should arrive swim-ready at the venue, i.e., with your swimming costume/trunks/swim nappy on underneath your clothes.
- Please arrive no more than 10 minutes before the start of your lesson.

#### Before the lesson

- You will be asked to prepare for the lesson poolside, so please bring only the essentials (keeping valuables to a minimum) and one waterproof bag to put everything in, which will be left poolside. If you have a baby, please bring a changing mat for them that can be rolled up and placed in your bag, especially those of you who would normally use a changing table or a bench.
- We appreciate that some children might need a nappy change just before their lessons. Ideally
  this can be done before entering the building but if not, please ensure you have nappy bags
  and another bag in which to put the nappy bag to ensure there is no waste left visible at
  poolside.
- Once you are ready for your lesson, please wait poolside until the teacher indicates it is time for you to enter the pool.

#### After the lesson

- You will exit the pool, collect your bag and move to the changing rooms, which are unisex.
   As men and women will be changing in a small space post-swim, a poncho, large towel or dressing gown is needed for modesty.
- Please put on your face covering as soon as you leave the water, and wear it until you exit the building.

### **Spectators**

- No spectators are permitted.
- If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator poolside to help as necessary.

#### **Poolside Assistants**

 A Poolside Assistant will be present at Parson Street School to assist customers and to clean equipment, changing rooms and touch points in high traffic areas. They will also be registering your arrival.

## **Face coverings**

 At the request of the pool owner we ask that face coverings are worn, unless medically exempt, when moving around the building and whilst in the changing rooms. Face coverings do not need to be worn in the pool. Our team members will still wear face coverings as they move around the building.

## Hand washing

• Please continue to wash your hands before entering the pool area. At some venues this may be with hand sanitiser instead of soap and water.