

Swimming at theclubandspa @Cadbury from February 2022



This document explains what moving to Plan A of the Government Roadmap means for your swimming lessons from February 2022. You can be assured that, along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority.

Arriving at the pool and changing

- Please arrive no more than 10 minutes before the start of your lesson
- Please enter theclubandspa via the main Reception, tick the register and make your way to the changing rooms. The fire door must no longer be used to access or exit the pool hall.
- Although changing rooms will be available, adults and Swim Academy children are encouraged to arrive swim-ready, to minimise time spent in an enclosed space. Note that **adults are no longer permitted to be in the in the water with Swim Academy children**.
- Please leave your belongings in a locker. Please bring a padlock from home, or purchase one from Reception.
- All children who are out of nappies must visit the toilet before lessons please, to avoid disruption during class.
- Everyone getting in the water should shower on poolside before the lesson.
- Please take your child's towel poolside and hang on the pegs provided to stay warm after class and in case of a fire.
- Puddle Ducks customers are welcome to swim before / after class. Please ask at Reception to book and pay for a non-member swim if you are not already a member of theclubandspa.

After your lessons

- Changing rooms and showers will be available for you to use. Please change swiftly.

Swim Academy drop off and collection

- Swim Academy children are to be dropped off poolside by their parent, and collected promptly at the end of the lesson. See below for more details on spectating.

Swim Academy Spectators / Swim Academy parent spotters

- No spectators will be permitted poolside.
- Two parent spotters are required for each Swim Academy class, who will sit poolside during the lessons. The parents will be different each week and arranged by the teacher. Please check if your name is highlighted on the register when you arrive at theclub Reception. All parents will be given the chance to be poolside, however if you'd prefer not to be a parent spotter, please let your teacher know.
- If you are not a parent spotter, **you must remain on site**, outside in the spa area (where you can observe lessons through the windows) or in Bardolino's, so that the parent spotter can



quickly get you should your child need the toilet, or have a 'wobble' in the pool. **Please ensure your child visits the WC before their class.**

- Bardolino's is offering a 10% discount on food and drink to all Puddle Ducks customers.
- If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator poolside to any class, to help as necessary.

Poolside Assistants

- Poolside Assistants will not be present at the club and spa, as cleaning will be undertaken by the venue's team instead.

Face coverings

- Face coverings are advisable when moving around communal areas and whilst in the changing rooms. Our team members will still wear face coverings as they move around the building.

Hand washing

- Please continue to wash your hands before entering the pool area. At some venues this may be with hand sanitiser instead of soap and water.