

Swimming at Our Pool from February 2022



This document explains what moving to Plan A of the Government Roadmap means for your swimming lessons from February 2022. You can be assured that, along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority.

Arriving at the pool and changing

- Our Pool has requested that face masks are worn by adults when inside the pool building, except when in the water, unless you are medically exempt. Therefore, please wear a face covering, if possible, when moving around the building.
- You and your child should arrive swim-ready at the venue, i.e., with your swimming costume/trunks/swim nappy on underneath your clothes. **Note that adults are no longer permitted to be in the in the water with Swim Academy children.**
- Please arrive no more than 10 minutes before the start of your lesson, and be poolside ready for the start of your lesson.

Before the lesson

- You will be asked to change poolside, so please bring only the essentials (keeping valuables to a minimum) and **one waterproof bag** to put everything in, which will be left poolside. If you have a baby, please bring a changing mat for them that can be rolled up and placed in your bag, especially those of you who would normally use a changing table or a bench.
- We appreciate that some children might need a nappy change just before their lessons. Ideally this can be done in the car before entering the building but if not, please ensure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at poolside.
- Once you are ready for your lesson, please wait poolside until the teacher indicates it is time for you to enter the pool.
- Parents of Swim Academy children should leave the poolside area at this point.

After the lesson

Changing rooms will be available for most classes (see below)

- **Baby and pre-school:** You will exit the pool, collect your bag and move to the changing rooms. Please put on your face covering immediately, and wear it until you exit the building.
- **Swim Academy:** Parents should return to the poolside area at this point to collect their child to assist with changing.
- Showers will not be available.
- **Important:** The last class of the session will have access to one changing room only, so half of the class will continue to change poolside. This will alternate each week. If you are in this class, you may wish to bring a large towel or poncho for modesty while changing, and be prepared for a quick change.



Spectators / Swim Academy parent spotters

- **No poolside spectators will be permitted.**
- Two parent spotters are required for each Swim Academy class, who will sit in the reception area during their child's class and watch through the spectating window, or may be asked to come poolside to assist the teachers. The parents will be different each week and arranged by the Teacher / Poolside Assistant.
- If you are not a parent spotter, you must remain on site so that we can quickly get you should your child need the toilet, or have a 'wobble' in the pool.
- If you require assistance due to a disability (either your own disability or your child's), then you are able to bring a spectator poolside to any class, to help as necessary.

Poolside Assistants

- Poolside Assistants will be present at Our Pool to assist customers and to clean equipment, changing rooms and touch points in high traffic areas. They will also be registering your arrival.

Face coverings

- As mentioned, we recommend that customers wear face coverings inside the venue, but not in the pool, unless they are medically exempt. Our team members will still wear face coverings as they move around the building.

Hand washing

- Please continue to wash your hands before entering the pool area. At some venues this may be with hand sanitiser instead of soap and water.