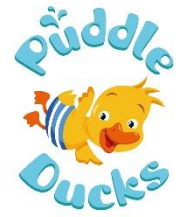


Swimming with Puddle Ducks Merseyside



Over the last couple of years things have been very different with teachers out of the water, no spectators, limited changing rooms, mask wearing and more and we are keen to continue to move towards a more 'normal' as safely as we can. Along with our governing body, STA, we will continue to put your safety and the safety of our teams as our top priority. To this end, we have covered the main areas that have been affected by Covid restrictions and how these look at the moment.

Face Coverings

Should you choose to do so all adults who attend our lessons may still wear a Face Covering inside the pool building (but not in the pool) and our team members may still wear Face Coverings as they move around the buildings. Everton Nursery School & Rowan Park will continue to require Face Coverings to be worn inside their buildings due to the nature of their setting and we ask that our customers respect this request.

Arrival time & Changing rooms

As per pre-covid procedures, arriving no more than 15 minutes before the start of your lesson should be plenty of time to get ready and be poolside before the start of your lesson. Changing rooms will be available once again at all our pools and you will no longer have to arrive swim-ready unless you choose too:

Arriving swim-ready – what does that mean?

To minimise time spent in changing rooms you and your child could arrive swim-ready at the venue i.e., with your swimming costume/trunks/swim nappy on underneath your clothes.

We appreciate that those children still in nappies might need a nappy change just before their lessons. Maybe this can be done in the car before entering the building but if not, please take a change mat with you and make sure you have nappy bags and another bag in which to put the nappy bag to ensure there is no waste left visible at the venue.

As always please bring only the essentials (keeping valuables to a minimum.) We also recommend that you bring a change mat/ extra towel that can be rolled up and placed in your bag, especially those of you who have little ones who would use a change table or a bench.

Spectators

In line with the requests of our venues and bearing in mind that some of our pools are in environments with particularly vulnerable people such as our special needs schools for the short term we will be maintaining a no-spectators policy to keep everyone as safe as possible. Be assured this will be reviewed regularly and any changes will be communicated on a pool-by-pool basis.

Should you require assistance due to a disability (either your own disability or your child's), then please contact the office as you are able to bring a someone to help as necessary.

We would like to Thank you in advance for continuing to support us our adjustments; our FAQs have also been updated so if you would also like to read about what, as your chosen swim school, Puddle Ducks is doing to keep you, your child and our team members safe, we have summarised all the steps we are continuing to take [here](#).